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Unraveling the taxonomic identity of *Cocos nucifera* f. *palmyrensis* (Arecaceae: Cocoseae)

Hugh C. Harries†, Lia Pignotti & Riccardo M. Baldini

Abstract

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The main traits of the rich equatorial vegetation covering the remote coral atoll Palmyra in North Pacific Ocean, where groves of *Cocos nucifera* L. (Arecaceae) currently dominate on other formations, are here summoned. Way and timing of human activities in historical and more recent times, which possibly altered the original vegetation, are also briefly reviewed. The unusually large size of Palmyra coconut fruits had astonished the American botanist Joseph Francis Rock (1884–1962) who sent four fruits to the renowned Florentine palm specialist Odoardo Beccari (1843–1920). Beccari described the material and validly published it in 1916 as *Cocos nucifera* f. *palmyrensis* Becc. Part of the original material was retrieved at FI. One of the two coconut fruits still kept at FI is here designated as lectotype of the Beccari name, which is here elevated to the rank of variety, reflecting better than form current concepts for isolated island populations. Palmyra Atoll with its coconuts played a part in the age-old dispute on the geographical origin of *Cocos nucifera*. This taxon was cited by Beccari and by Emilio Chiovenda (1871–1941) as a support to their hypotheses of an Asian origin of the species. The significance of these dated interpretations in the light of currently available information is here briefly discussed.

Keywords

ARECACEAE – *Arecoideae* – *Cocoseae* – *Cocos nucifera* f. *palmyrensis* – Pacific Ocean – Palmyra Atoll – Typification

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Introduction

Palmyra atoll is a United States possession in the Central Pacific Ocean, at the north end of the Line Islands (Fig. 1). With its highly humid (> 90 percent), rainy (nearly 4500 mm rain per year) and warm (24–27° C) aseasonal equatorial climate (SADLER, 1959), Palmyra is heavily vegetated on most of its islets (HATHAWAY et al., 2011). The atoll was probably known to inhabitants of Micronesia and Polynesia, who explored it but never settled down there (HATHAWAY et al., 2011). Although previously sighted by the American sea captain Edmond Fanning in 1798, it was officially discovered in 1802 by Captain Sawle – also an American – who named it after his vessel Palmyra (ROCK, 1916; HATHAWAY et al., 2011).

According to relatively recent vegetation mapping (WEGMANN, 2005) about 43% of Atoll supports coconut palm forest; about 29.5 % harbours coastal strand forest of dominant beach naupaka (*Scaevola taccada* (Gaertn.) Roxb., *Goodeniaceae*) and tree heliotrope (*Tournefortia argentea* L. f., *Boraginaceae*); about 12 % harbours some of the best preserved stands of the protected *Pisonia grandis* R. Br. (*Nyctaginaceae*) forest, typical of coral islands of the Pacific and Indian Oceans and now regarded as seriously declining in connection with human activities (WALKER, 1991). Small groves of the native *Pandanus tectorius* Parkinson (*Pandanaceae*) are scattered in 20 of the islets, as well as small grassland patches, represented by the native *Lepturus repens* (G. Forst.) R. Br. with the endemic var. *palmyrensis* F. Br. (*Poaceae*) (HATHAWAY et al., 2011).

According to HERBST (1992), prior to human visitation *Pisonia grandis* forest was probably the dominant vegetation type, fringed by coastal strand forest of pioneer beach naupaka on lagoon borders and tree heliotrope on the ocean edges. He acknowledges the possibility that Polynesians would clear large areas of *P. grandis* forest for firewood and in order to favour coconut palm stands. Although coconut palm is considered by many an early introduction of Polynesian explorers of Palmyra, it is easily admissible that it could have arrived by its own dispersal means and that it would have been subsequently favoured by Polynesians in the way described. Further expansion of coconut palm then took place prior, during and after US military occupation of the Atoll up to at least 1957, when attempts to establish lucrative coconut plantations were made (DAWSON, 1959). *Cocos nucifera* has, moreover, shown invasive behaviour at Palmyra, increasing from less than one million trees in 1886 to about two millions, and becoming the dominant forest type (ROCK, 1916; HATHAWAY et al., 2011): it quickly colonizes clearings opened in other forest types (HERBST, 1992; FREEMAN, 2006a), is more effective than other native species in nutrient uptake, and its falling nuts and fronds damage the surrounding vegetation facilitating its own expansion (HATHAWAY & al., 2011). Possible arguments in favour of the non-native nature of coconut palm at Palmyra are that it is used by few birds for roosting, and by

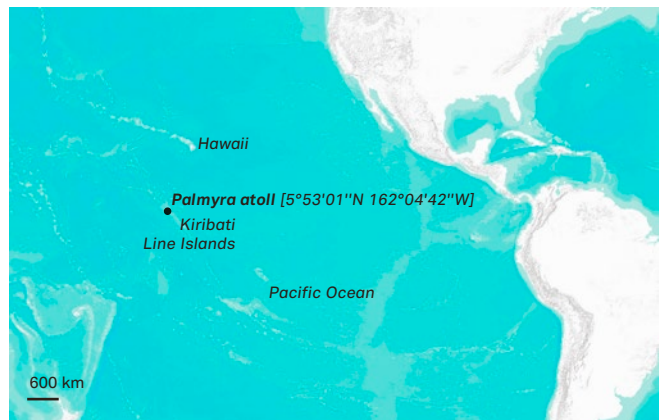


Fig. 1. – Location of Palmyra Atoll in North Pacific Ocean (circle) south of Hawaii.

even fewer for nesting (YOUNG et al., 2010), while it offers food and shelter to the non-native pest black rat (*Rattus rattus*). On the other hand, coconuts are a food source to coconut crabs (*Birgus latro*), which are generally considered native to Palmyra (HATHAWAY et al., 2011).

The American botanist Joseph Francis Rock (1884–1962) carried out at Palmyra in July 12–28, 1913 “a more or less thorough investigation during a stay of sixteen days on the island” and subsequently published the first Flora, including 15 species of vascular plants (ROCK, 1916). Earlier, STREETS (1877) had already collected plants there in 1873 within the framework of an investigation devoted to the Fanning group of islands. Further collections were made in 1958 by E. Yale Dawson, who investigated the effects of the heavily impacting human activities begun in wartime – and just then coming to an end – on the vegetation (DAWSON, 1959). HERBST (1988, 1992) visited Palmyra Atoll in 1987 and 1992, and produced a new vascular flora, also describing the plant associations observed on the different islets. Plant list and vegetation data were further updated by FREEMAN (2006a, 2006b) who reported 78 vascular plant species, of which only 25 he considered native, the remaining 53 intentional and unintentional introductions.

ROCK (1916) carried out the investigation of the flora of Palmyra and sent material to the respective specialists including *Pandanaceae* to Ugolino Martelli (1860–1934) and *Arecaceae* to Odoardo Beccari (1843–1920) in Florence. MARTELLI (1916) described two new taxa on Rock’s material: *Pandanus rockii* Martelli and *P. pulposus* var. *cooperi* Martelli, which are now considered synonyms of widespread coastal *P. tectorius* Parkinson (PANDANACEAE PROJECT, 2019). Original material can be found on the MSNFI (2019) website. With regards to *Arecaceae* Rock (1916: 28) wrote: “The nuts of the Palmyra coconut are the finest and the biggest the writer has ever seen, which testimony is also given by the eminent authority, Dr. O. Beccari of Florence, Italy”.

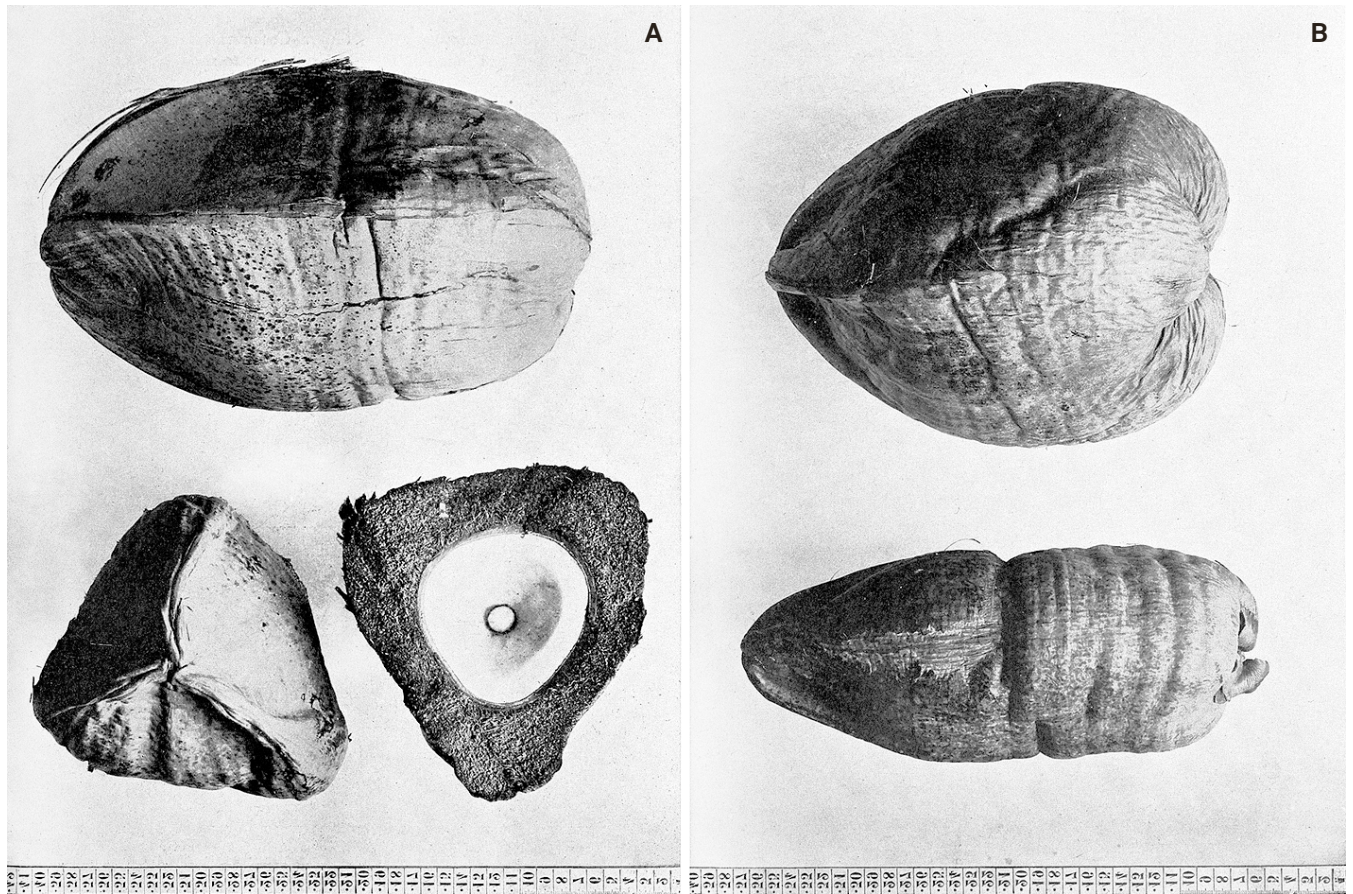


Fig. 2. – Original material of *Cocos nucifera* var. *palmyrensis* (Beccari) Pignotti & Baldini. **A.** top: lectotype; bottom: upper view and cross sectioned by Beccari of a fruit now missing at FI; **B.** top: syntype; bottom: lateral view of a slender coconut, now missing at FI. [A top: FI018792; B top: FI018793] [Reproduced from the *Bull. Coll. Hawaii Publ.* 4: tab. XVII, XVIII]

Thanks to the retrieval of part of the original material in FI, Beccari's name *C. nucifera* f. *palmyrensis* is here lecto and raised to variety. A brief illustration of the role assumed by Palmyra coconut in the historical debate on the geographical origin of *Cocos nucifera* is also given.

On the original description and characteristics of the Palmyra coconut

BECCARI (1916) described the Palmyra coconut in detail based on four fruits that he received from Rock. He described it as a new forma, *Cocos nucifera* f. *palmyrensis* Beccari based on its large size, length, and distinctly trigonal shape, especially at apex. The four fruits received by Beccari differed greatly from each other in size and shape and were described in detail (see BECCARI, 1916: 44–48). Beccari was especially impressed by the length of the largest of the four fruits (36 cm), which he believed not to have seen the like from any other collection except two fruits he was aware of deposited at K, originating from South-East Asia (Amman and Strait Settlements). The fruit originating from the Strait Settlements (former British

colony on the Strait of Malacca) had an exceptionally large diameter of 35.5 cm, which Beccari supposedly attributed to the development of three instead of only one ovule (BECCARI, 1916). Beccari made a cross section of the third Palmyra fruit and noted that the solid endosperm of the seed (he used the term 'albumen', i.e., the white fleshy layer of the seed, from which copra is extracted) was unusually thick: 15 mm, while 11–12 mm was normally considered by him as a very thick endosperm. Two plates were published in BECCARI (1916: tab. XVII, XVIII) and are reproduced in Fig. 2 for better explanation of its morphology. Finally, Beccari also made a buoyancy test with one fruit, and was surprised by its low specific weight, which made possible for it to float upon one flat side, having most of the surface above water, including the proximal germination pole, which appeared to be located in the lightest region and, as a consequence, the highest above water.

Typification

Cocos nucifera var. *palmyrensis* (Beccari) Pignotti & Baldini, stat. nov.

= *Cocos nucifera* f. *palmyrensis* Beccari in Rock, Bull. Coll. Hawaii Publ. 4: 44. 1916.

Lectotypus (designated here): PALMYRA ISLAND: “Palyra [sic!] Islands (Oceano Pacifico)”, 1914, *Rock s.n.* (FI [FI018792]!). **Syntypus**: PALMYRA ISLANDS: “Palmyra Islands”, 1914, *Rock s.n.* (FI [FI018793]!).

Notes. – Only two fruits have been retrieved at FI. The largest one [FI018792] and the second largest [FI018793]. The cross-sectioned (Fig. 2A, bottom) and the fourth, slender one (Fig. 2B, bottom) are inexplicably missing. Somewhat blurred annotations in Beccari’s handwriting are present on the smooth surface of the husk of each coconut fruit (Fig. 3). Probably written by fountain pen or indelible pencil, the two annotations had apparently been overlooked since 1937, when Beccari’s Herbarium Palmarum was acquired by FI (CUCCUINI & NEPI, 2006). [FI018792] bears “Palyra [sic!] Islands/ (Oceano Pacifico)/ Dal Sig. Rock 1914/ Collez. O. Beccari” (Fig. 3A) and – on the opposite side – “Palmyra Islands/ Dal Sig. Rock/ 1914”, the latter also present on [FI018793] (Fig. 3B). The larger coconut, [FI018792], is here chosen as the lectotype of *Cocos nucifera* f. *palmyrensis* (Fig. 4).

Palmyra’s coconut and the dispute on the “cradle” of *Cocos nucifera*

As observed by HARRIES & HARRIES (2018) it was from Rock’s report on Palmyra and how coconut palms thrive there, as well as from his own observations and experiences on these samples, that Beccari was encouraged to publish in 1917 his paper “Origin and dispersal of *Cocos nucifera*”, in which he declared himself inclined to think that *Cocos nucifera*, a halophyllous plant highly adapted to sea shore habitats and to dispersal by oceanic currents, had evolved in coral atoll ecosystems and was probably of Asiatic or Polynesian origin rather than American (BECCARI, 1917). This was in open contrast with Cook’s thesis of a South American, dry inland origin of *Cocos nucifera*, mainly based on the presence there of other native, cocosoid palms (COOK, 1901, 1910) as also supported long before by MARTIUS (1823–1850). On the other hand, a thoroughgoing review on the issue was published a few years later in Italian by the Italian botanist Emilio Chiovenda (1871–1941), who supported the hypothesis of an Asiatic origin of *Cocos nucifera* (precisely from regions now submerged in NW Indian Ocean). CHIOVENDA (1921, 1923) took into account the observations and buoyancy experiments made by Beccari on *C. nucifera* f. *palmyrensis*, and also supported the hypothesis of sea floating as the main dispersal way. He mentioned the observation made by BECCARI (1916) on Palmyra’s

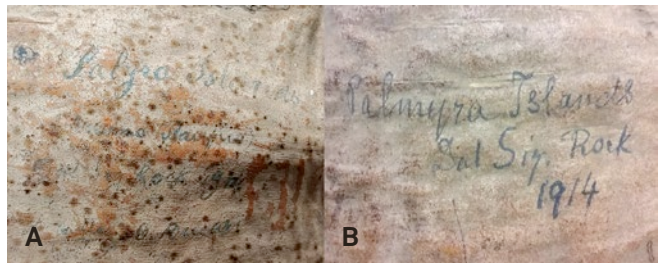


Fig. 3. – Close-up of the original note on original material of *Cocos nucifera* var. *palmyrensis* (Beccari) Pignotti & Baldini. A. Lectotype; B. Syntype.

[A: FI018792; B: FI018793] [Photos: D. Nesti, L. Pignotti]

fruits that the spongy, permeable tissue at the germination pole constantly remains upon water thanks to its astonishing low specific weight, so preventing the embryo from hydration and to germinate while still afloat.

The large size of the fruits measured by BECCARI (1916) was also an argument of interest to CHIOVENDA (1921, 1923). Forms with large fruits prevail in the Pacific islands, while in the Indian Ocean fruits have as a rule a smaller size, supporting Chiovenda’s hypothesis that the origin of *Cocos nucifera* from ancestral, small fruited forms should be found in ancient, now submerged land in NW Indian Ocean. The species would have thrived within the coral archipelagos of the Indian Ocean for a long time, until humans carried it to Sri Lanka and India, then to Malaysia. From there, it could have spread spontaneously to the Pacific atolls by ocean currents or, more probably, carried by eastward migrating inhabitants of Malaysia (CHIOVENDA, 1921, 1923).

Epilogue

The dispute on the geographical and ecological origin of *Cocos nucifera* and the meaning of its present distribution and variability went on well after Chiovenda’s contribution in the early 1920s: the issue has actually remained controversial until present date. For a thorough review see HARRIES & HARRIES (2018). Recent phylogenetical studies on the tribe *Cocoseae* (DRANSFIELD et al., 2008; BAKER & DRANSFIELD, 2016) – which includes, in addition to *Cocos*, a majority of 13 Neotropical genera, two Madagascan, one amphi-Atlantic (*Elaeis* Jacq.), one South-African (*Jubaeopsis* Becc.) – although still providing ‘fluid’ results, hint at a South American origin of *Cocos nucifera* (MEEROW et al., 2009, 2015). Nonetheless, coconut palm evolution and dispersal through coral island systems (atoll ecosystem hypothesis) is well supported and it is noteworthy that the distance among shallow, warm ocean areas suitable for coral atoll formation must have been shorter when this evolution took place than today (BLAKEY, 2008; HARRIES & CLEMENT, 2014), accounting for a route running from South America, through a narrow Atlantic and an archipelago-like southern Europe eastwards to southern Asia



Fig. 4. – Lateral view of the lectotype of *Cocos nucifera* var. *palmyrensis* (Beccari) Pignotti & Baldini. [FI018792] [Photo: L. Pignotti]

and India, which would explain the presence of Paleo-Eocene coconut-like fossils in Colombia (GOMEZ-NAVARRO et al., 2009) and India (SHUKLA et al., 2012).

The view of most researchers who have dealt with the origin of the coconut palm – among them FOSBERG (1960) and PURSEGLOVE (1968, 1972) – of all existing coconuts being exclusively a product of human selection from extinct or unknown small wild forms seems a prejudicial constriction not supported by facts (HARRIES, 1978). On this account, the noteworthy length, trigonal cross-section and thickness of the husk of *C. nucifera* var. *palmyrensis* arguably suggest that no selection was ever carried out on them by man. These characters were not indeed traditionally favoured by people interested in (and more or less consciously selecting) coconuts as a source of drinkable water (HARRIES, 1978, 1979): elongated, triangular coconuts with thick husk contain less water (liquid endosperm) than spherical ones (HARRIES, 2012). But this syndrome of characters also affects the thickness of kernel and, as a consequence, selection for copra: coconuts with much water also have a thick kernel (solid endosperm), which develops at the expense of the husk and shell. That means that selection for drinkable water and for copra would widely coincide. In turn, a thin husk represents quicker germination, which was a character favoured by farmers; in contrast, thick-husked coconuts are recalcitrant and reach 90% germinability only after 60–220 days (WHITEHEAD, 1965). This is an advantage in the wild, favouring dissemination to new shore localities (HARRIES, 1981), but it is not needed or represents a hindrance in plantations.

In conclusion, the *C. nucifera* var. *palmyrensis* producing elongated, trigonous, thick-husked, slow-germinating coconuts might have been present before – and might have withstood – any possible introduction therein of selected

spherical, thin-husked, quick-germinating seed-nuts (SAUER, 1967; HARRIES, 2012).

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The first author Hugh C. Harries passed away on February 7th 2019; to the skilful, passionate scientist the co-authors dedicate this contribution.

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