

Impact of Climate Change and Adaptation Measures on Transhumance Herding System in Gatlang, Rasuwa

Authors: Rayamajhi, Nikita, and Manandhar, Bikram

Source: Air, Soil and Water Research, 13(1)

Published By: SAGE Publishing

URL: <https://doi.org/10.1177/1178622120951173>

BioOne Complete (complete.BioOne.org) is a full-text database of 200 subscribed and open-access titles in the biological, ecological, and environmental sciences published by nonprofit societies, associations, museums, institutions, and presses.

Your use of this PDF, the BioOne Complete website, and all posted and associated content indicates your acceptance of BioOne's Terms of Use, available at www.bioone.org/terms-of-use.

Usage of BioOne Complete content is strictly limited to personal, educational, and non - commercial use. Commercial inquiries or rights and permissions requests should be directed to the individual publisher as copyright holder.

BioOne sees sustainable scholarly publishing as an inherently collaborative enterprise connecting authors, nonprofit publishers, academic institutions, research libraries, and research funders in the common goal of maximizing access to critical research.

Impact of Climate Change and Adaptation Measures on Transhumance Herding System in Gatlang, Rasuwa

Nikita Rayamajhi¹ and Bikram Manandhar^{1,2,3}

¹Tribhuvan University, Institute of Forestry, Hetauda Campus, Hetauda, Nepal. ²International School, University of Chinese Academy of Sciences, Beijing, China. ³Key Laboratory of Urban Environment and Health, Institute of Urban Environment, Chinese Academy of Sciences, Xiamen, China.

Air, Soil and Water Research
Volume 13: 1–10
© The Author(s) 2020
Article reuse guidelines:
sagepub.com/journals-permissions
DOI: 10.1177/1178622120951173



ABSTRACT: Climate change impact is global and Nepal is no exception, posing vulnerability for different communities and regions. Transhumance herding is the culture and identity of indigenous settlement in Himalayan region where herders follow vertical transhumance herding as a part of subsistence mixed agriculture system for their livelihood. It differs from nomadism in terms of its periodicity, regularity, and mobility. This study confers the impacts of climate change and adaptation on transhumance herders in Gatlang of Rasuwa District. Focus Group Discussion, Key Informant Interview, and Questionnaire survey were carried out covering herder's perception toward climatic variability, changes in the biophysical indicator, its impact and adaptation strategies. Data were analyzed using descriptive statistics, weighted mean, and Index of Usefulness of Practice for Adaptation (IUPA) tools. This study showed increase in mean average temperature (0.0202°C), increase in monsoon precipitation (2.1 mm) and decrease in winter precipitation (0.5 mm). Seasonal movement of livestock was mainly guided for adjusting temperature. The observed changes in biophysical indicator were diverse with shrinking grazing lands as most agreed statements followed by low crop productivity and faster melting of snow in rangeland. Herders perceived different adaptation strategies where reserving some grazing areas scored highest IUPA ranking followed by seasonal movement, storage of grass/hay, and so on. Though transhumance itself is one of the adaptation strategy against climate change people were not aware about changing monsoon precipitation and following same seasonal calendar as before which have affected livestock. These observations suggested that herders were unaware of the underlying cause and its impacts on the system which needed to be monitored scientifically.

KEYWORDS: Transhumance, climate change, biophysical changes, herders perception, adaptation

RECEIVED: April 19, 2020. **ACCEPTED:** July 27, 2020.

TYPE: Original Research

FUNDING: The author(s) disclosed receipt of the following financial support for the research, authorship, and/or publication of this article: The authors received student research grant from Hariyo Ban Program, WWF Nepal for the research.

DECLARATION OF CONFLICTING INTERESTS: The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

CORRESPONDING AUTHOR: Bikram Manandhar, Tribhuvan University, Institute of Forestry, Hetauda Campus, Hetauda 44107, Nepal. Email: bmanandhar@iofnc.edu.np

Introduction

Transhumance is a form of pastoralism in which livestock are moved seasonally between different agro-ecological zones to use the seasonal availability of grazing resources.¹ This is an age old practice in mountainous region² by indigenous settled communities to adjust varying environmental conditions. In the Himalaya, they have transformed the ecosystem into economically productive assets for their livelihoods.³ Transhumance pastoralism (THP) is seen as an adaptation strategy against adverse climatic condition because it uses pasture resources at different elevations depending on seasonal availability.⁴

Around 27% of the earth's land surface is covered by mountain,⁵ containing half the world's biodiversity hotspots and providing a source of fresh water for half the world's population. Observed impacts of climate change in the mountains include variation in rain, snowfall, drought, glacial lake outburst floods, and landslides leading to crop failure, as well as increasing food and livelihood insecurity, water scarcity, and income insecurity.⁶ As a result, these mountain regions are recognized as a "climate change hotspot," with serious consequences for mountain ecosystems, human settlements, and the economy of downstream areas.⁷ Studies conducted in the Himalayas of Sikkim⁸ showed that there is little knowledge about the vulnerability of mountain ecosystems to climate change, particularly the Himalayan region.⁸

Nepal is the most vulnerable region to climate variance in the world. More than 2 million Nepalese people depend on agriculture and forestry for livelihood and have limited capacity to cope up with climate-related disasters.⁹ The incidence of poverty is higher in the mountains than in the plains in the same region. People in mountain communities regard livestock as a capital asset, source of wealth and power because agriculture is difficult due to cold climate and difficult topography.¹⁰

Modifications of livelihood options due to changes in demography, migration, and labor shortage, diversification of agriculture, and market influence on rural economy, as well as privatization and nationalization of rangelands are reported as constraints to THP in the mountains.¹¹ The impacts of climate change upon the rangelands could be more complex as it can alter the competition between plants and their growth habits, productivity and the plant-animal interactions¹² along with decrease in rangeland quality.¹³ Projected warming trends for many years alter the timing of snowmelts, grass production, and phenology of plants.¹⁴ Decades of research have shown that rangelands can sustainably produce a variety of goods and services even in the face of extreme climatic events, if managers respond quickly and appropriately to changes. Specifically, livestock can be affected in two ways by climate change: the quality and amount of forage from grasslands may be affected and there may be direct effects on livestock due to higher



Creative Commons Non Commercial CC BY-NC: This article is distributed under the terms of the Creative Commons Attribution-NonCommercial 4.0 License (<https://creativecommons.org/licenses/by-nc/4.0/>) which permits non-commercial use, reproduction and distribution of the work without

further permission provided the original work is attributed as specified on the SAGE and Open Access pages (<https://us.sagepub.com/en-us/nam/open-access-at-sage>).
Downloaded From: <https://complete.bioone.org/journals/Air,-Soil-and-Water-Research> on 16 Apr 2024
Terms of Use: <https://complete.bioone.org/terms-of-use>

temperature.¹⁵ For example, warmer summer temperatures are estimated to have a suppressing effect on livestock appetite, which leads to lower weight gain.¹⁶

The impacts of climate change upon the rangelands could be more complex as it can alter the competition between plants and their growth habits, productivity and the plant-animal interactions¹² along with decrease in rangeland quality.¹³ Projected warming trends for many years alter the timing of snowmelts, grass production, and phenology of plants.¹⁴ Decades of research have shown that rangelands can sustainably produce a variety of goods and services even in the face of extreme climatic events, if managers respond quickly and appropriately to changes. Thus it is necessary to study climate change and livestock farming because due to difficult topography and extreme condition, agriculture is less preferred than livestock farming for livelihood.

Despite its cultural significance and various contributions to livelihoods, THP in the mountain regions of Nepal is uncertain, and the practice may even disappear due to climatic factors.¹⁷ Indigenous communities can better respond to changing climatic condition.¹⁸ Emerging evidence indicates that adaptation and coping strategies by the poor people in developing countries are highly varied and local-level studies are needed for development policies to be effective.¹⁴ In this changing environmental condition and social context, this study is aimed to explore the observed changes in biophysical indicators, perceptions of transhumance herders toward changes in climatic variables, and adaptation measures adopted by transhumance herders in the Gatlang of Rasuwa district. There are very less knowledge on how herders have perceived climate change and adapted to changes. Thus this study is a baseline for the sustenance of THP in mountain region.

Materials and Methods

Study area

Rasuwa district lies in Bagmati province of Nepal. “Rasowa” old name which is believed to be derived as a combination of two Tibetan words *ra* (meaning: lambs) and *sowa* (meaning: grazing) as it was famous for its lamb and grazing lands. This study was carried out in Gatlang village (also known as *Black Village*), ward-3 of Amachhodingmo rural municipality of Rasuwa district. Amachhodingmo was previously known as Parbatikunda rural municipality, named from the religious lake Parbatikunda, densely populated village with compact settlement pattern (Figure 1). Gatlang located west of Langtang National Park corresponds mountain ecosystem¹⁹ and the study area was selected on the basis of sustenance of THP with traditional institutional arrangements and practice various indigenous knowledge for adaptation of this system in context of changing climate. In this area, the climate limits agricultural production; therefore, livestock rearing is the main option for livelihood. Most of the household keep cattle for domestic purpose. Some household who have in large number, they keep their cattle in Kharka for the purpose of

cash income by selling Chhurpi, cheese, and ghee. Despite the income from the out-migration and other non-farm income activities, a significant proportion of households still mainly depends on agriculture and livestock for their food security and livelihood, with almost 70% of the households. Farmers on an average household sells 40 bags of potato (50 kg/bag/year) earning approximately gross income of NRs 53 000 (US\$ 500) per annum. Likewise, farmers sell local beans and barley, ranging from Rs 15 000 to 25 000 (US\$ 142–236) per annum per household.¹⁹

Methods of data collection

Both primary and secondary data were collected. The staffs from veterinary office, herders, secretariat of Amachhodingmo rural municipality, individuals associated with “Thiti samaj” and local elderly persons were taken as key informants. Purposive sampling technique was used to find key informants. Semistructured questions were prepared for household questionnaire survey with herders and families associated with herding. The 32 questionnaire survey was carried out with the help of local guide as a translator. Snow ball sampling method was used to select the respondents for household questionnaire survey. Focus Group discussions were carried out separately with local community herders and women group. Direct observation was done in potential site of Ammachhodigmo rural municipality to acquire in-depth information on biophysical changes, challenges, and local adaptation measures for the seasonal movement cycle.

Secondary data on herd size and other research-focused elements were collected from different government and nongovernment organizations. All the relevant journal papers, books, and published and unpublished reports were consulted as secondary data. Monthly temperature and rainfall data were obtained from the Department of Hydrology and Meteorology for the years 1988/89 and 2018. The data were collected from the Dhunche Climatology Station (1982 m).

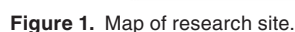
The data analysis was done both using qualitative and quantitative method. Further clarification was shown by statistical tool SPSS (IBM SPSS 22 software) and presented through graph and charts. Similarly, Likert-type scale was used to measure perception on changes in biophysical indicators and reason for livestock movement, and Index of Usefulness of Practice for Adaptation (IUPA) tools was used to evaluate the prioritization of adaptation measures. General linear regression was used to find the trends of temperature and precipitation.

Likert-type scale.

$$SI = \sum \left(\frac{Fi}{N} \right)$$

where SI = Satisfaction index; *Fi* = frequency scale; and *N* = number of respondents.

Likert-type scale was used to measure the different perceptions of the local community.



score (value between 0 and 10; an indicator of its relative importance in global evaluation of practice's usefulness).

Climatic data analysis

Rainfall variability. Similarly, rainfall data were collected from Dhunche station for 30 years. The linear regression analysis showed winter rainfall decreased by 0.5 mm and monsoon rainfall which increased by 2.1 mm (Figures 3 and 4).

- $$\text{IUPA} = \frac{\sum_{i=n}^n G_i^* P_i}{\sum_{i=1}^n P_i}$$

Downloaded From: <https://complete.bioone.org/journals/Air,-Soil-and-Water-Research> on 16 Apr 2024
Terms of Use: <https://complete.bioone.org/terms-of-use>

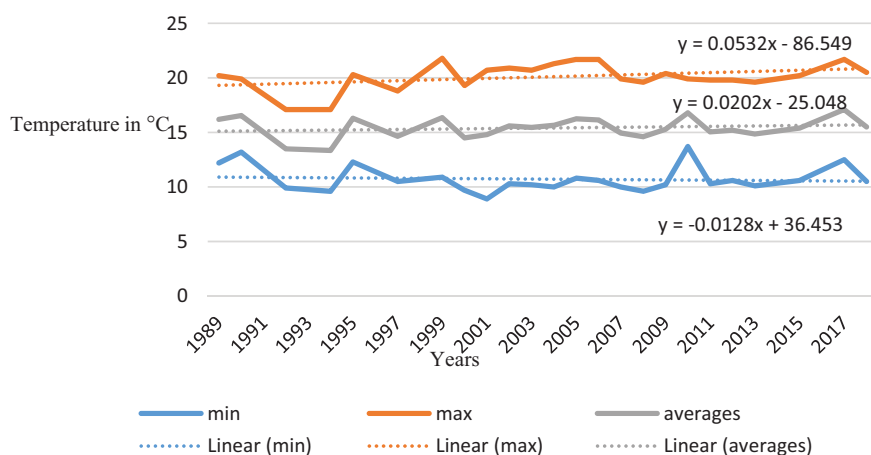


Figure 2. Trend of mean annual maximum, minimum, average temperature from 1989 to 2018.

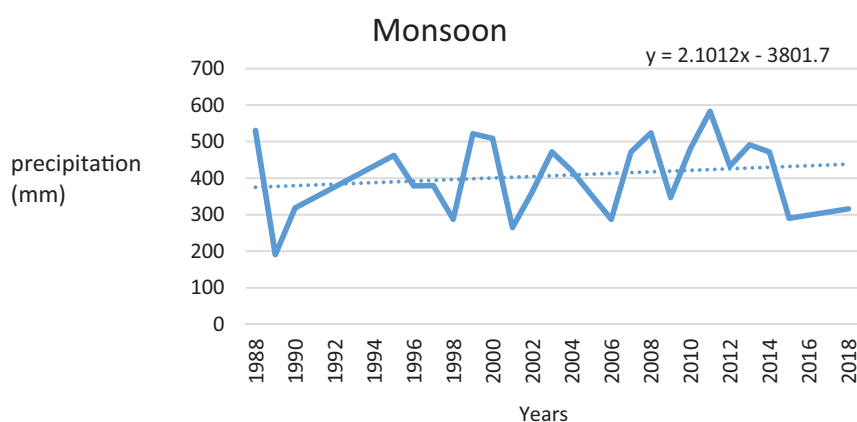


Figure 3. Annual monsoon rainfall trend line from 1988 to 2018.

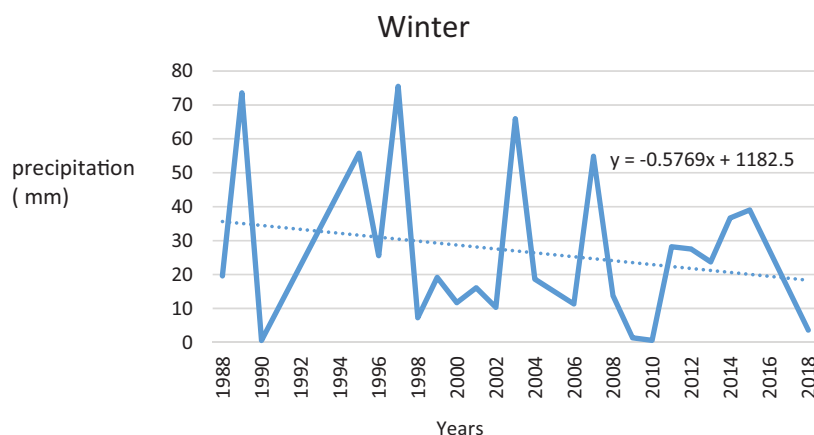


Figure 4. Annual winter rainfall trendline from 1988 to 2018.

People perception on climatic variability

Climate change is a global issue faced by the world today. In Gatlang village, more than 66% of respondent have not heard about climate change while only 34% of people knew about climate change through radio.

Perception on temperature variability. Most of respondents had opinion that temperature in summer now is increased (68.8%)

followed by melting of snow is increased (50%) and number of dry days is increased (53.1%) except for temperature in winter is not changed (50%) (Table 1). Temperature in winter has mismatch perception by respondents. Thus this result supports long-term temperature data (Figure 2).

Perception on rainfall variability. Average winter rainfall, monsoon rainfalls were observed in decreasing trend which is 40.6%

Table 1. Perception on temperature variability.

Q. NO.	QUESTIONS	CODE		
	TEMPERATURE VARIABILITY	NO CHANGE (%)	INCREASED (%)	DECREASED (%)
1.	Temperature in summers now compared to 30 years ago	28.1	68.8	3.1
2.	Temperature in winters now compared to 30 years ago	50	37.5	12.5
3.	Melting rate of snow now compared to 30 years ago	43.8	50	6.2
4.	Number of dry days now compared to 30 years ago	40.6	53.1	6.2

Table 2. Perception on rainfall variability.

Q. NO.	QUESTIONS	NO CHANGE (%)		
	RAINFALL VARIABILITY	NO CHANGE (%)	INCREASED (%)	DECREASED (%)
1.	Average winter rainfall now compared to 30 years ago	25.0	34.4	40.6
2.	Average monsoon rainfall now compared to 30 years ago	18.8	25.0	56.2
3.	Erratic events of rainfall now compared to 30 years ago	37.5	53.1	15.6
4.	Rainfall becoming unpredictable compared to 30 years ago	21.9	62.5	15.6
e.	Hailstorms events now compared to 30 years ago	21.9	71.9	6.2
f.	Erratic Snowfall now compared to 30 years ago	28.1	56.2	15.6
g.	Thunderbolt events now compared to 30 years ago	43.8	53.1	3.1

and 56.2%, respectively. Herders experienced increased erratic rainfall (53.1%) and unpredictable rainfall (62.5%). Similarly erratic events of snowfall (56.2%), thunderbolt (53.1%) events, and hailstorm (71.9%) were in increasing trend. Long-term rainfall analysis supports the decrement of winter fall but is controversial with decrement of monsoon rainfall (Table 2).

Socio-economic characteristics of respondents

In Gatlang, people regard livestock as their important asset for livelihood, and they are practicing transhumance system from ancestor period. This village is inhabited by Tamang community.²² Among 32 respondent involved in transhumance system, 59% of male and 41% of female participate in questionnaire survey. Mostly livestock were taken by male member to higher altitude in summer. The age group of 25 to 50 years (>72%) were mostly involved in transhumance herding system. Their major livelihood strategy was agriculture and livestock rearing and majority of herders were illiterate (81.2%).

Livestock holding. Livestock rearing was one of the main sources of income for people residing in the study area (Figure 5). Livestock such as cattle, Yak (Nak/Chouri), sheep, goat, and buffaloes were reared to meet their basic needs. Herders in Gatlang move their livestock from low lying area to higher altitude to use the pasture resources which is known as transhumance system.

Status of transhumance system

There were 475 households in the study site and maximum residents were engaged in livestock farming with mixed agriculture. About 80% of people were engaged in transhumance system rather than sedentary system or stall feeding.

According to key informant there were 39 chouri goths (herds of chouri), 1 Nak goth consisting of about 20 to 30 nak or yak at each goth. Similarly there were 18 to 19 sheep goth (commonly known as bhedi goth) consisting 300 to 400 sheep. Each herd was taken care of by 3 to 4 people.

In Gatlang, there were around 108 rangelands (also called kharka). The rangelands, grazing spots, routes, and water sources were managed by their indigenous arrangement called *Thiti* "system is traditional custom started by ancestors, helps to maintaining the grazing spots, routes, check water availability and in return herders have to pay some amount of money or collect chouri ghee annually."

Seasonal movement of livestock

In Gatlang, livestock movement was two way movements where herders took their livestock to higher altitude for about 5 to 6 months and return back to low altitude to escape from harsh climatic condition (Figure 6). The elevation of Gatlang ranges from 2238 to 5000 m above sea level. The livestock were moved between fixed summer and winter range land (commonly called kharka). In winter, the people grazed their

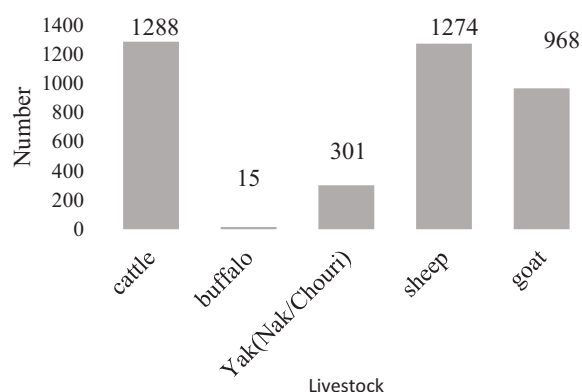


Figure 5. Livestock details of the Gatlang (source: MLD, 2018).

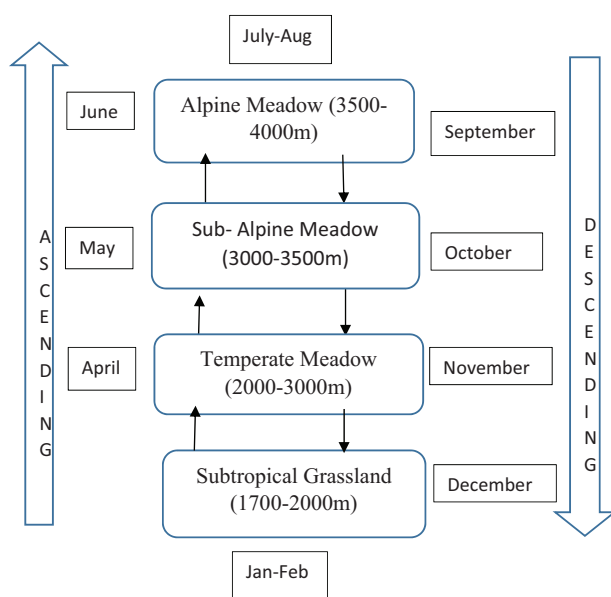


Figure 6. Seasonal movement of livestock of Gatlang.

livestock in the local periphery or descend down till Mailung kharka while in summer the livestock were taken to high altitude to Jasukunda, Sangden Mountain, Khurpubhanjyang kharka, and so on. According to focus group discussions and key informant cattle like cow, oxen were moved from 2000 to 3000m above sea level. In contrast, sheep and mountain goat were moved between 1200 to 4000m, while yak and chouri were moved above 4500m above sea level. Rangeland in higher altitude was only accessible during summer season (June-September). Herders moved to low valley in the winter season (November-February). Livestock used alpine meadow in higher altitude and stubbles from fallow agricultural land at lower elevation. During the movement undergrowth in the forest was the major forage source.

Contribution to livelihood

Livestock was found as a powerful asset for people livelihood in Gatlang. As per the survey, we found herders sold about 10 to 12 sheep and goats annually each costing NRs. 10000 to 15000

(US\$90-130). But herders rarely sold chouri as it added income to their livelihood with major product diversification (milk and cheese). They sold milk at the rate of NRs 70 per liter (US\$0.7). There were no governmental or institutional supports for product diversification. Thus it was done on individual basis. According to one herder,

I sell sheep and goats for the income and invest again to buy chouri as the milk can be easily sold at cheese factory.

Furthermore, the wool from sheep were sold at the individual initiation, thus livestock rearing contributed about 1 lakh NRs. (US\$900) income annually.

Reason for livestock movement

There were many reasons for seasonal movement of livestock. The main reasons was adjusting temperature followed by searching for forage availability, examining water availability, avoiding overgrazing, and adjusting time of medicinal plant collection (Table 3).

Perception on changes in biophysical indicators

Most of the respondents agreed on all the statements except to the statement "Grassland zones are shifting up" strongly disagreed (2.25). Similarly shrinking grazing lands was agreed by most of the respondents followed by decrease in crop productivity, fast melting of snow in the rangelands which is 4.15, 4.12, and 4.03, respectively (Table 4).

Figure 7 shows that the statement "Shrinking Grazing lands" was agreed most (93.6%) while "Grassland zones are shifting up" was least agreed (15.6%).

Water sources in rangelands

There were around 108 *kharka* in Gatlang with different water sources available for livestock grazing in the area. But water sources were dried up as explained in (Figure 7) and some of the water sources status of study site is shown in (Table 5).

Presence of invasive species

Many people agreed to the statement of presence of invasive species. According to herder, *Invasive weeds such as Nilo gandhe (Ageratum sp)* and *Banmara (Eupatorium sp)* covered the lands which is seen mostly in lower altitude, traditional nutritious grasses such as *Nigalo (Drepanostachyum sp.)*, *White clover (Trifolium repens) etc. are highly replaced.*

Similarly, herders also claimed that previously they used to graze livestock in one rangeland for 4 to 5 days but now they have to move to more rangelands for nutritious grasses. Many livestock were dying due to fall while searching for forage in high altitudes.

Table 3. Reason for livestock movement.

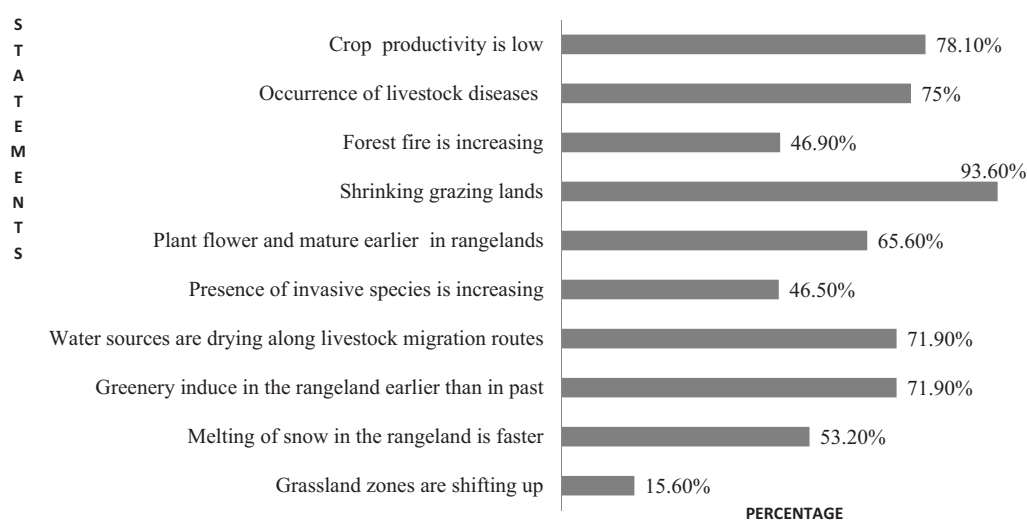
SL. NO.	STATEMENTS	LEVEL OF AGREEMENT (IN %)					WEIGHTED MEAN	RANKING
		5	4	3	2	1		
1.	Adjusting temperature	59.4	40.6	–	–	–	4.59	I
2.	Avoiding overgrazing in rangeland	9.4	37.5	53.1	–	–	3.56	IV
3.	Searching for forage availability	28.1	71.9	–	–	–	4.28	II
4.	Examining for water availability	9.4	56.4	18.8	9.4	3.1	3.62	III
5.	Adjusting time of medicinal plant collection	–	12.5	43.8	37.5	6.2	2.62	V

Strongly agree=5, agree=4, neither agree nor disagree=3, disagree=2, strongly disagree=1.

Table 4. Perception on changes in biophysical indicators.

STATEMENTS	LEVEL OF AGREEMENT (IN PERCENTAGE)					WEIGHTED MEAN	RANK
	5	4	3	2	1		
1. Grassland zones are shifting up	3.1	12.5	15.6	43.8	25.0	2.25	X
2. Melting of snow in the rangelands is faster	18.8	34.4	12.5	31.2	3.1	4.03	III
3. Greenery induce in the rangelands earlier than in the past	18.8	53.1	12.5	15.6	–	3.75	VI
4. Water sources are drying up in along the livestock migration routes	12.5	59.4	18.8	9.4	–	3.81	V
5. Presence of invasive species is increasing	6.2	40.6	31.2	15.6	6.2	3.25	IX
6. Plants flower and mature earlier in the rangelands	9.4	56.2	28.1	3.1	3.1	3.50	VIII
7. Shrinking grazing lands	25.0	8.8	6.2	–	–	4.15	I
8. Forest fire is increasing	18.8	28.1	46.9	6.2	–	3.59	VII
9. Occurrence of livestock diseases now compared to past	21.9	53.1	21.9	3.1	–	3.94	IV
10. Crop productivity is low	37.5	40.6	18.8	3.1	–	4.12	II

Strongly agree=5, agree=4, neither agree nor disagree=3, disagree=2, strongly disagree=1.

**Figure 7.** Percentage of respondents (Strongly agree + agree) on the statements.

Occurrence of new livestock diseases

Similarly, herders agreed to the statement “occurrence of livestock diseases.” The common diseases seen in livestock were *khoret* (foot and mouth rusting), pneumonia, diarrhea, urine infection, eye disease, namle parasite, tick infection, and so on.

Adaptation strategies

Herders are practicing different strategies for overcoming impacts of climate change. Many respondents did not know about adaptation strategies since very few program were carried out in the study area for their awareness. The recent program was done by ecosystem-based adaptation which was attended by least people.

Table 6 shows the adaptation strategies that local people adapted in the area. Here, reserving some grazing area was preferred more with IUPA ranking 4.75 followed by seasonal movement of livestock 4.5 (Table 7). Similarly, change in the livelihood option was least preferred with IUPA ranking 2.09. Reserving some grazing area implied taking livestock to other wards to graze in return of which herders had to pay NRs 500 to 600 for each yak/nak/ chouri for 5 to 6 months. Changing livelihood option was less preferred because very few people were engaged in carpeting, labor pottering, and NTFP collection. In addition to storing grass hay, crop residue, and grains, many herders mentioned they bought concentrates which was equal to 128 kg approximately per year. Along with traditional adaptation strategies such as seasonal movement of livestock, reserve some grazing area herds are also practicing some other adaptation measures such as changing livestock variety, shifting toward other livelihood options.

Discussion

The linear regression analysis of 30 years temperature showed increase in mean maximum temperature by 0.05°C which was near as reported by DHM.²³ Average annual temperature was increasing (0.0202°C) which was slight change as predicted²⁴ for increase in temperature of HKH at 0.3°C at the end of 21st century. Thus temperature is increasing which is in line with people's perception. The people perceived no change in winter

temperature. Monsoon precipitation increased by 2.3 mm which was not in line with people perception. The mismatch perception might be because they forgot the distant events.²⁵ The seasonal movement of livestock was found vertical with 5- to 6-month duration, which is similar as reported by Dong.²⁶ The main reasons for movement were ranked as adjusting temperature, searching for forage availability, and examining water availability. Similar findings were mentioned except avoiding overgrazing in Langtang.²⁷ Most of the respondents agreed

Table 5. Water sources and their status.

SL. NO.	RANGELANDS	WATER SOURCE STATUS
1.	Nadakharka	Dried
2.	Kothenkharka	Dried
3.	Khurpubhanjyang kharka	Dried
4.	Chyaujekharka	Dried
5.	Kalchekharka	Dried

Table 6. Climate change impacts and adaptation measures.

CLIMATE CHANGE IMPACTS	ADAPTATION
Presence of invasive species is increasing Plants flower and mature earlier in the rangelands	Reserve some grazing area
Grassland zones are shifting up Melting of snow in the rangelands is faster Greenery induce in the rangelands earlier than in the past	Seasonal movement of livestock
Forest fire is increasing Crop productivity is low	Store grass, hay, crop residue, grains
Water sources are drying up in along the livestock migration routes	Store water
Occurrence of livestock diseases now compared to past	Change in livestock variety
Shrinking grazing lands Erratic snowfall Increased number of dry days	Change livelihood option

Table 7. Adaptation strategies score.

SL. NO.	PRIORITIZATION	IUPA SCORE	PREFERENCE
1.	Seasonal movement of livestock	4.5	Second
2.	Change in livestock variety	2.62	Fifth
3.	Reserve some grazing area	4.75	First
4.	Store grass, hay, crop residue, and grains	3.38	Third
5.	Change livelihood option	2.09	Sixth
6.	Store water	3.75	Fourth

Abbreviation: IUPA, Index of Usefulness of Practice for Adaptation.

changes in biophysical indicators such as spring budding, flowering, drying water sources, early flowering and maturing, presence of invasive species, shrinking grazing lands, greenery induce earlier than past are strongly agreed by people which collides with the explanations by Aryal et al.²⁵ Similarly, many respondents disagreed the shift of grassland zone which is not in favor of previous scholars²⁸ who reported shift of range for many plant species, tree line, and vegetation belt. Rangelands can produce goods and services even in extreme climatic events,¹⁵ but there is no proper practice for rangeland management, the locally developed institutional arrangement known as *Thiti* is responsible for it. The seasonal movement of livestock is an ecological necessity as well as herder's rational approach to use grazing resources.²⁹ Mixed herding also helped to reduce the vulnerabilities to climate change,³⁰ increasing food diversity and security, efficient utilization of grazing resources available at different location and altitude because all grazing areas are not equally accessible to all livestock types. Same is noticed in the study area as they rear different livestock. The adaptation measures adopted by herders are in line with previous scholars^{17,27,31} reserving some grazing area was most preferred followed by seasonal movement of livestock except reducing the length of stay at points, reducing herd size, and stall feeding animals.

Conclusion

Rasuwa observed increase in mean average temperature (0.0202°C), increase in monsoon precipitation (2.1 mm) and decrease in winter precipitation (0.5 mm). Livestock was considered the main source of income combined with subsistence agriculture with direct contribution to the livelihood of the people. The vertical movement was found to be related to culture and identity of the people in the area. Transhumance herders have perceived increase in summer temperature, increase in winter temperature, melting of snow and increase in number of dry days. Herders have observed changes in biological indicators such as emergence of new plant species, appearance of new livestock diseases, early induce of greenery and early flowering/maturing of grasses, shrinking grazing lands in the rangelands along with decrease in agricultural productivity and change in physical indicators such as fast melting of snow in the rangelands and drying of water resources. Herders did not perceive shift in grassland zone which could be related to topographical factors. Similarly, increment in forest fire is seen for last few years. Although people perceived impact of climate change, they did not know the underlying cause for it. There were various adaptation strategies against climate change with transhumance system itself as a second ranked strategy after reserving some grazing areas. Livestock were moved to high altitude from June to September which is a monsoon season with increased rainfall in the area, but they follow the same seasonal calendar as previous years where they are affected in some ways. This study suggests that perceptions of transhumant herders provide important foundation to know the status in data-deficient areas which

further helps to design adaptation and intervening strategies for sustainability of the transhumance system in the Himalayas.

Author Contributions

NR and BM conceptualized the research idea, prepare research tools, manuscript preparation, first author conducted field work, data analysis.

REFERENCES

1. FAO. Pastoralism in new millennium. <http://www.fao.org/3/y2647e/y2647e00.htm>. FAO Animal Production and Health Paper 150. Published 2001.
2. Byers AC. Historical and contemporary human disturbance in the upper Barun valley, Makalu-Barun National Park and Conservation Area, east Nepal. *Mt Res Dev*. 1996;16:235-247.
3. Miller DJ. *Herd on the Move: Winds of Change among Pastoralists in the Himalayas and on the Tibetan Plateau*. Kathmandu, Nepal: ICIMOD; 1995.
4. Agrawal A. Local institutions and adaptation to climate change. In Mearns R, Norton A, eds. *Social Dimensions of Climate Change: Equity and Vulnerability in a Warming World*. Washington, DC: World Bank; 2010:173-198.
5. Ebi KLWR, von Hildebrand A, Corvalan C. Climate change-related health impacts in the Hindu Kush-Himalayas. *Ecobhealth*. 2007;4:264-270.
6. Kohler T, Giger M, Hurni H, et al. Mountains and climate change: a global concern. *Mt Res Dev*. 2010;30:53-55.
7. Macchi M. *Framework for Climate-based Climate Vulnerability and Capacity Assessment in Mountain Areas*. Kathmandu, Nepal: International Centre for Integrated Mountain Development; 2011.
8. Sharma G, Rai LK. *Climate Change and Sustainability of Agro Diversity in Traditional Farming of the Sikkim Himalaya*. Gangtok, India: Information and Public Relations Department, Government of Sikkim; 2012.
9. Garg NK, Hassan Q. Alarming scarcity of water in India. *Curr Sci*. 2007;93:932-941.
10. Messerschmidt DA. Ecological change and adaptation among the Gurungs of the Nepal Himalaya. *Hum Ecol*. 1976;4:167-185.
11. Banerjee S. Shift from transhumance and subtle livelihood patterns of the Bhotia community and its impact on Tibetan sheep population in Sikkim (India). *World Appl Sci J*. 2009;7:1540-1546.
12. IPCC. *Climate Change 2014: Impacts, Adaptation, and Vulnerability. Part A: Global and Sectoral Aspects* (Contribution of Working Group II to the Fifth Assessment Report of the Intergovernmental Panel on Climate Change). Cambridge, UK: IPCC; 2014.
13. Klein JA, Harte J, Zhao XQ. Experimental warming, not grazing, decreases rangeland quality on the Tibetan Plateau. *Ecol Appl*. 2007;17:541-557.
14. IPCC. *Climate Change 2007: Impacts, Adaptation and Vulnerability* (Contribution of Working Group II to the Fourth Assessment Report of the Intergovernmental Panel on Climate Change). Cambridge, UK: IPCC; 2007.
15. Fereja G. The effect of climate change on range land and biodiversity: a review. *Int J Res Granthaalayah*. 2017;5:172-182.
16. Adams RM, McCarl BA, Segerson K, et al. The economic effects of climate change on U.S. agriculture. In Mendelsohn R, Neumann J, eds. *The Impact of Climate Change on the United States Economy*. Cambridge: Cambridge University Press; 1998: 18-54.
17. Banjade MR, Paudel NS. Mobile pastoralism in crisis: challenges, conflicts and status of pasture tenure in Nepal Mountains. *J Forest Livelihood*. 2008;7:36-48.
18. Yeh ET, Nyima Y, Hopping KA, Klein JA. Tibetan pastoralists' vulnerability to climate change: a political ecology analysis of snowstorm coping capacity. *Hum Ecol*. 2014;42:61-74.
19. Merrey JM, Hussain A, Tamang DD, Thapa B, Prakash A. Evolving high altitude livelihoods and climate change: a study from Rasuwa District, Nepal. *Food Secur*. 2018;10:1055-1071.
20. Debels P, Szlafsztein C, Aldunce P, et al. IUPA: a tool for the evaluation of the general usefulness of practices for adaptation to climate change and variability. *Nat Hazards*. 2009;50:211-233.
21. Joshi B, Joshi GR. Climate change perception and determinants of adoption of agricultural practices in Rasuwa district of Nepal. *Nepal J Environ Sci*. 2016;4:63-70.
22. Deshar R, Koirala M. Indigenous practice in agro-pastoralism and carbon management from a gender perspective: a case from Nepal. In Shang Z, Allan Degen A, Rafiq MK, Squires VR, eds. *Carbon Management for Promoting Local Livelihood in the Hindu Kush Himalayan (HKH) Region*. Cham, Switzerland: Springer; 2020:267-280.
23. Department of Hydrology and Meteorology (DHM). *Draft Report: Study of Climate and Climatic Variation Over Nepal*. Kathmandu, Nepal: DHM; 2015.
24. Wester P, Mishra A, Mukherji A, Shrestha AB. *The Hindu Kush Himalaya Assessment: Mountains, Climate Change, Sustainability and People*. Cham, Switzerland: Springer Nature; 2019.

25. Aryal S, Maraseni TN, Cockfield G. Climate change and indigenous people: perceptions of transhumant herders and implications to the transhumance system in the Himalayas. *J Geol Geosci*. 2014;3:1000162.
26. Dong SLJ, Yan Z, Sharma E, Shrestha K, Pariyar D. Indigenous rangeland resource management in the mountainous areas of northern Nepal: a case study from the Rasuwa District. *Rangeland J*. 2007;29:149-160.
27. Aryal S, Maraseni TN, Cockfield G. Sustainability of transhumance grazing systems under socio-economic threats in Langtang Nepal. *J Mt Sci*. 2014;11:1023-1034.
28. Menzel A, Sparks TH, Estrella N, Koch E, Aasa A. European phenological response to climate change matches the warming pattern. *Glob Change Biol*. 2006;12:1969-1976.
29. Adriansen HK. Pastoral mobility as a response to climate variability in African drylands. *Geogr Tidsskr*. 2008;1:1-10.
30. Altieri MA, Nicholls CI. The adaptation and mitigation potential of traditional agriculture in a changing climate. *Climate Change*. 2017;140:33-55.
31. Moktan MR, Norbu L, Nirola H. Ecological and social aspects of transhumant herding in Bhutan. *Mt Res Dev*. 2008;28:41-48.