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Efficient cell chatting between embryo and uterus ensures embryo implantation[†]

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Abstract

Embryo implantation is one of the hottest topics during female reproduction since it is the first dialogue between maternal uterus and developing embryo whose disruption will contribute to adverse pregnancy outcome. Numerous achievements have been made to decipher the underlying mechanism of embryo implantation by genetic and molecular approaches accompanied with emerging technological advances. In recent decades, raising concepts incite insightful understanding on the mechanism of reciprocal communication between implantation competent embryos and receptive uterus. Enlightened by these gratifying evolvments, we aim to summarize and revisit current progress on the critical determinants of mutual communication between maternal uterus and embryonic signaling on the perspective of embryo implantation to alleviate infertility, enhance fetal health, and improve contraceptive design.

Summary Sentence

We revisit the progress on the critical determinants of mutual communication between maternal uterus and embryonic signaling on the perspective of embryo implantation and aim to advance the mechanism study of embryo implantation and ultimately alleviate infertility, enhance fetal health, and improve contraceptive design.

Keywords: Embryo implantation, diapause, activation, embryonic signal



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Foundation of China in 2021. Dr. Deng's primary focus is on the molecular landscape of embryo implantation, decidualization as well as parturition at both genetic and epigenetic levels. The current research is to depict the transcriptional regulatory network in parturition initiation and preterm birth. Dr. Deng has already published over 30 peer reviewed research articles in some high-profile journals such as J Clin Invest, Nat Comm, PNAS and Cell reports.

Introduction

Embryo implantation involves the adequate mutual conversations between implantation competent embryo and receptive uterus under the precise orchestration of molecular interactions directed by steroid hormones estrogen and progesterone. Embryo implantation is the one of the critical

rate-limiting steps of pregnancy success, whose quality is sophisticatedly determined by both embryonic and maternal signaling [1]. Accompanied with technological advance, the elaboration of embryo implantation is updated encompassing earlier genetic evidence, current epigenetic modification and further to endometrium and embryo cell heterogeneity. Even with these abundant emergent evidences, the detailed and ingenious mechanism governing the orderly transitions of implantation events is still far to fully decrypt.

The hormone responsive uterus is derived from the intermediate mesoderm and Mullerian ducts with a monolayer of luminal epithelium surrounded by undifferentiated mesenchyme. The epithelium subsequently buds and invaginates into endometrium to form glands at the developmental window at postnatal day (PND) 6–9 [2, 3]. The undifferentiated mesenchyme develops into stroma under the guiding of subepithelial Amhr2 positive cells [4]. The formation of functional endometrium is accompanied with the development of myometrium from mesenchyme which is not fully illustrated as well as the infiltration of distinct immune cells [3]. In adult mouse uterus, the mesenchyme derived stromal cells are further classified as five distinct cell types, including vascular smooth muscle cells located around large basal blood vessels, pericytes positioned around smaller vessels throughout the tissue, and three divergent fibroblast cells [5]. The deciphering of cell-type specific functions of these cells will

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open new avenues to decrypt the regulatory apparatus of transient embryo implantation window and embryo–uterus communications.

Embryo implantation

Although the strategies of embryo implantation are species dependent, the ultimate goal is to establish adequate communications between fetus and mother. For mice, this process is a little tortuous since the embryo needs to settle down in the uterine implantation chamber by the adhesion of lateral trophoctoderm to uterine wall and subsequently to remove the surrounding epithelium by a nonapoptotic process termed entosis and apoptotic process mediated by embryonic Tumor necrosis factor (TNF) and epithelial TNFRI to establish the embryo–stroma communication and induce stromal cells decidualization at anti-mesometrial (AM) site, then deeply invade into maternal uterus at mesometrial (M) site, the entry site of blood vessels into the uterus [6, 7]. For humans, this process is more straightforward by orienting the polar trophoctoderm (TE) with inner cell mass (ICM) toward the epithelium to penetrate into stroma to initial intimate dialogue between blastocyst and uterus [1].

Newly developed 3D staining and tissue clearing provides spatial cues for this enigmatic process and cast new opinions for this black box. Although the even distribution of implantation site in uterus is described for many decades [8], it remains disputable about how the implantation chamber forms which have two prevailing conjectures: formed before embryo enters into the uterus and formed by the implanting embryo. The advancement of 3D staining provides innovative perspective that there are regular wrinkles-like epithelial evaginations evenly distributed at both sides of luminal epithelium [9]. Whether these folds herald future implantation sites warrant further attempts. VANG12, a critical member of planar cell polarity (PCP) whose loss remarkably disrupts the epithelial architecture and contributes to inferior embryo implantation, is supposed to participate the appropriate implantation chamber formation by regulating the arrangement of epithelium [9]. After the embryos enter into the lumen, they gradually gather in the middle of uterus and travel back and forth to be evenly distributed in the uterus [10]. Additionally, the appropriate embryo distribution is also regulated by LPA3 and myometrial β -AR (β -adrenoreceptor) signaling [11, 12]. It is of potential interest whether the pre-distributed embryos will home to these wrinkles-like pockets. It is well recognized that the mouse embryos need to invade into decidualized stromal cells at AM site accompanied with thinner decidua with the progress of pregnancy based on the observation of 2D histological section, while 3D staining and the fact of rare stromal cells proliferation after day 8 provide an alternative explanation that the thinner decidua would be primarily ascribed to the rapid growing embryo similar to inflated balloon. The revisit of embryo implantation at another dimension will remarkably advance our understanding on embryo implantation.

The stability of the receptor of pregnancy hormone: progesterone receptor

Receptivity preparation involves intricate reciprocal interaction between stromal and epithelial cells under the instruction of steroid hormones estrogen and progesterone (P4). During early pregnancy, influenced by preovulatory estrogen (E2),

the epithelium proliferation is almost ceased on D1 (the first day post-coitus) then undergoes massive apoptosis on day 2 owing to long exposure to ovulation estrogen [13]. The uterus then gradually switches from an estrogen dominated to progesterone dominated milieu on day 3 characterized with incited stromal cell proliferation in stromal PR-dependent manner which account for synthesized progesterone from newly formed corpus luteum [14]. Synchronized with small estrogen surge on day 4, P4 prepares the hostile uterus to implantation favorable environment by stimulating intensive stromal cells proliferation, epithelium cell cycle quiescence, and differentiation [15]. Although the genomic regulation of PR after binding with P4 has been unraveled in both mouse and human uterus, the stability of PR protein is not fully explored. Utilizing genetic, biochemical, and pathophysiological approaches, P4-PR responsiveness is evidenced by post-translational modification via Bmi1 polycomb ring finger oncogene (BMI1) and ubiquitin protein ligase E3A (UBE3A) mediated PR ubiquitination in a polycomb complex independent manner [16]. Normally, as a critical component of the PRC1, BMI1 directs the ubiquitination of lysine 119 of histone H2A through provoking the complex's E3 ligase activity to restrain gene expression [17, 18]. The potentially novel regulatory mechanism of BMI1 in governing endometrial P4-PR responsiveness through ubiquitination provides an alternative regulation of PR transcriptional activation in embryo implantation. Our recent work also provides evidence that SOX4 (SRY-box 4), the highest expressed SOX member in mouse and human uterus, modulates PGR stability by repressing E3 ubiquitin ligase HERC4-mediated degradation [19]. In a word, emerging evidence imply that PR stability is regulated by ubiquitination modification through divergence mechanisms (Figure 1). Since PR can also be modulated by phosphorylation [20] and acetylation [21], whether there are other covalent modifications of PR and how these modifications affect PR function in pregnancy deserve further efforts.

The landmark of transcription regulated by ER α in embryo implantation

Epigenetic landmarks dynamically and reversibly regulate gene expression without changing DNA sequence. As an important sensor of external environment, epigenetic modification also contributes to inherent diversity by programmed DNA packaging [22]. Accumulated data have been emerged for those modifications in reproduction. As an essential transcription factor, ER α plays vital roles in uterine development and embryo implantation [23–25]. The direct target genes of ER α are identified in uterus by integrating genomic-wide mRNA and binding site assay, such as insulin-like growth factor 1 (IGF1) and PR [26, 27]. The poised promoter-proximal phosphor-Ser5 polymerase II (p-Ser5-Pol II) enrichment in some rapidly induced genes after estrogen treatment supports the underlying mechanism for acute estrogen response. Noticeably, the binding of ER α and Pol II at enhancer regions insinuates the transcription of potential enhancer RNA (eRNA) [28, 29]. Recently, the deletion of enhancer located in the upstream of IGF1 remarkably ablates IGF1 expression, which further corroborates the physiological function of these enhancer in uterus [30]. It is interesting to notice that there is a significant enrichment of ER α and Pol II at 20 kb downstream of LIF [27], whether this region behaves as an eRNA responsible for LIF expression needs to be further determined.

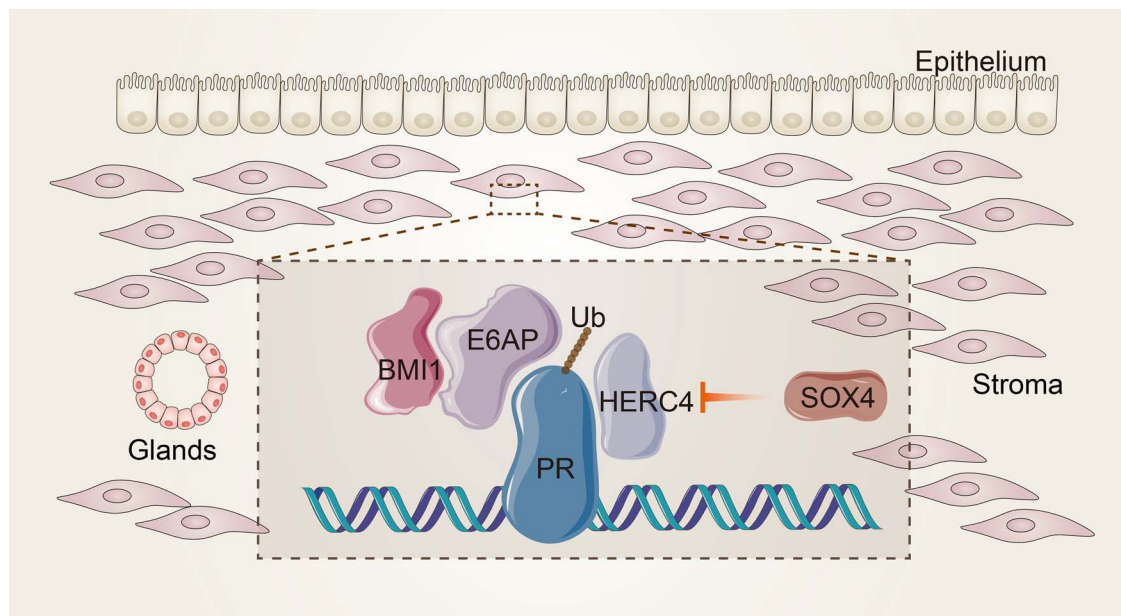


Figure 1. PR stability and transcriptional activity regulation in uterus.

FoxA2 is a pivotal factor for implantation by regulating LIF expression in glands [31, 32]. As a multiple face factor, the function of FoxA2 is overtly different in neonatal and adult mice [33, 34]. The FoxA family members interact with ER α to influence epigenetic signature establishment in the presence of E2 in MCF7 cells [35]. In vivo evidence also shows that the FoxA1/A2 deficient female mice predispose to develop liver cancer, but not in male, ascribing to the mostly overlapping peaks of Foxa2 and ER α in female liver [36]. Whether FoxA2 would regulate estrogen targets through affecting ER α activity in glands warrants further efforts.

With respect to PR, genomic evidence reveals that there is an array of binding sites in both promoter and enhancer [37]. The widely overlapping of ER α and PR binding sites indicates that ER α and PR would potentially function together to alter histone modification to guide gene expression. Meanwhile, PR also directs gene expression by cooperating with other transcription factors. For instance, PR and SOX17 regulate Indian hedgehog (IHH), expression in the epithelium at distal enhancer to modify epithelium–stroma communication [38]. GATA2 is a recently identified essential gene for embryo implantation and decidualization by not only directly regulating PR expression but also modulating genome-wide PR transcriptional activity as a coregulator of PR [39].

Spatial–temporal expression of embryo implantation associated genes is a complex process involving transcription factor binding, chromatin modification mediated by histone alteration, and subsequent chromatin architecture configuration (Figure 2). Until now, the genome-wide binding of transcription factors in the uterus is very limited, further efforts are encouraged to untangle previously unappreciated uterus specific pioneer factors and their interactions with histone landmark and chromosome conformation [40, 41].

Maternal epigenetic modification regulates embryo implantation

FOXAs and GATAs, representative pioneer factors possessing nucleosome-binding properties that distinguish from other

DNA-binding factors, actively facilitate the assembly of regulatory factors on the DNA to modify opening the chromatin locally to recruit other chromatin modifiers and coregulators, including hormone receptor ER α [42]. Among them, Gata2, one of critical PR downstream target genes, is highly expressed in uterus modulating a key regulatory network of gene expression for progesterone signaling in uterus [39, 43, 44]. While how these uterine pioneer factors direct local epigenetic alteration remain intangible. Epigenetic modification signature participates in many fundamental biological processes by influencing gene expression and some of these modifications inherit to the next generation through germ cells without changing genome sequence. There are two important complexes: polycomb repressive complex 1 (PRC1) and polycomb repressive complex 2 (PRC2) which contain different components. The core components of PRC1 encompass Ring1A and Ring1B, which are E3 protein ligases responsible for ubiquitylation of histone H2A and gene repression [45], chromobox (CBXs) family, polycomb group RING finger protein (PCGF) family, polyhomeotic-like (PHC) family, and RING1 and YY1-binding protein/YY1 associated factor 2 (Rybp/Yaf2) [46].

Most of the components of PRC1 are differentially and spatiotemporally expressed in the peri-implantation uteri with H2AK119ub1 (mono ubiquitination of histone-H2A at lysine-119) and H3K27me3 colocalized with Cbx4/2 and Ring1B in the polyploid decidual cells. And inhibition of PRC1 activity by Ring1A/B inhibitor compromises decidualization and polyploidy development during early pregnancy. Meanwhile, interfering CBX4 expression in stroma cells also shows defective stromal cell decidualization and polyploidy development in vitro [47]. While the in vivo function of these components of PRC1 remains ambiguous.

PRC2 is an important H3K27 methyltransferase regulating gene repression in the presence of enhancer of zeste 1 PRC2 subunit (EZH1) or enhancer of zeste 2 PRC2 subunit (EZH2), embryonic ectoderm development (EED), SUZ12 PRC2 subunit (SUZ12), and RB binding protein 7 (RBAP46) or RB binding protein 4 (RBAP48) [48]. The increased H3K27me3

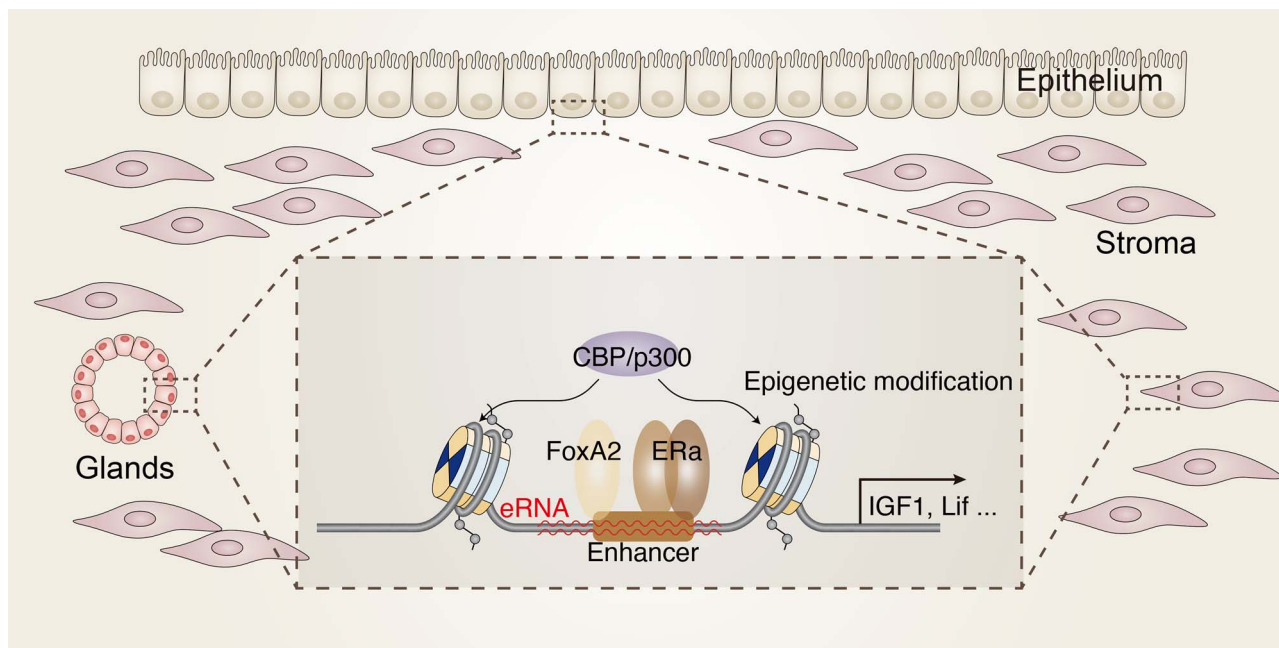


Figure 2. The genomic transcriptional activation of ER in uterus.

enrichment at the promoters of stromal chemokine (C–C motif) ligand 8 (CCL8) and chemokine (C–C motif) ligand 9 (CCL9) contributes to T cell migration from stroma to myometrium to confer a local immune privilege region for embryo developing, indicating the importance of this epigenetic hallmark in pregnancy [49]. EZH2 reported dynamic change in human uterus and obviously depressed in decidualized stromal cells, emphasizing the essential role of EZH2-PRC2 mediated chromatin remodeling in human endometrium [50, 51].

The prevailing hypothesis is the hierarchical model that PRC2 is recruited to target locus to catalyze H3K27me3 then recognized by PRC1 to modify H2AK119ub1 [52]. While emerging evidence also show that PRC2 functions as downstream of PRC1 by reading H2AK119ub1 [53]. The physiological significance of PRC2 complex and its components in embryo implantation still remains to be elucidated.

Currently studies primarily focus on H2 and H3 modification, emerging evidence concerning H4 modification is also been well recognized recently. Histone H4 Lys 20 methylation (H4K20me1) and the methyl-transferase activity of SET8 (PR-Set7/KMT5a) are involved in regulating distinct processes ranging from the DNA damage response, chromatin condensation, and DNA replication to gene regulation [54]. Loss of PR-Set7 is catastrophic for the mouse embryonic development due to embryonic lethality and arrest between the four- and eight-cell stages [55]. These findings have placed PR-Set7 and H4K20me as central nodes of many important pathways. Genome-wide study shows that H4K20me1 is enriched at the coding region of active genes and associates with chromatin compaction [56, 57]. PR-Set7 is extensively expressed in the postnatal uteri, whose conditional deletion resulted in a complete lack of endometrial glands in postnatal uterus which attributed to abolishment of the dynamic endometrial epithelial population growth during the short window of gland formation from PNDs 3–9 [58]. This study also raises a novel hypothesis of ‘epithelial population growth threshold’ for adenogenesis governing uterine gland formation.

Maternal signaling is vital for embryo activation

Embryo implantation necessitates the intricate communication between both uterus and embryo. Embryo implantation would be postponed for several days in ovariectomized mice on pregnancy Day 4 before the presumed estrogen surge in the presence of P4 which can be terminated by E2 and P4 administration on Day 7, undoubtedly implying the indispensable role of maternal uterus on embryo activation. While little to rare is known about the maternal signaling curbing embryo activation, there is an ingenious experiment by transferring dormant embryos into estrogen pre-injected recipients for different time points. The results show that the most effective activation of dormant embryo is observed in 1 h estrogen pre-injected recipients and then gradually decreased and totally failed 4 h later (Figure 3) [59]. These results denote that the rapid activation of both embryos and uterus is critical for embryo implantation. There are evidence that E2 activates uterus and embryo separately. For uterus, E2 is documented to induce receptivity opening in delayed uterus for up to 24 h [23]. Meanwhile, the E2 metabolite 4-hydroxy-E2 (4-OH-E2) is proven to be one of the critical estromedins to activate embryo by maternal CYP1B1 [60]. In summary, the above proofs signify that embryo is mainly activated by E2 and occurs at a very transient time, probably through 4-OH-E2 in ERα independent manner. While it is notable that CYP1b1 only expresses in stromal cells but not in epithelium. To depict, the detailed maternal signaling contributing to embryo activation remains a formidable challenge.

Currently, there are several factors that have been reported related to implantation clock disruption. Msh homeobox 1 (MSX1) and Msh homeobox 2 (MSX2) are mainly expressed on Days 3 and 4 uterine epithelium, whose loss contributes to deferred embryo implantation [61]. Moreover, mechanism study reveals that MSX1/2 regulates LIF expression, which is a critical maternal factor for receptivity regulation by activating STAT3 phosphorylation via LIFR and GP130 [61–64].

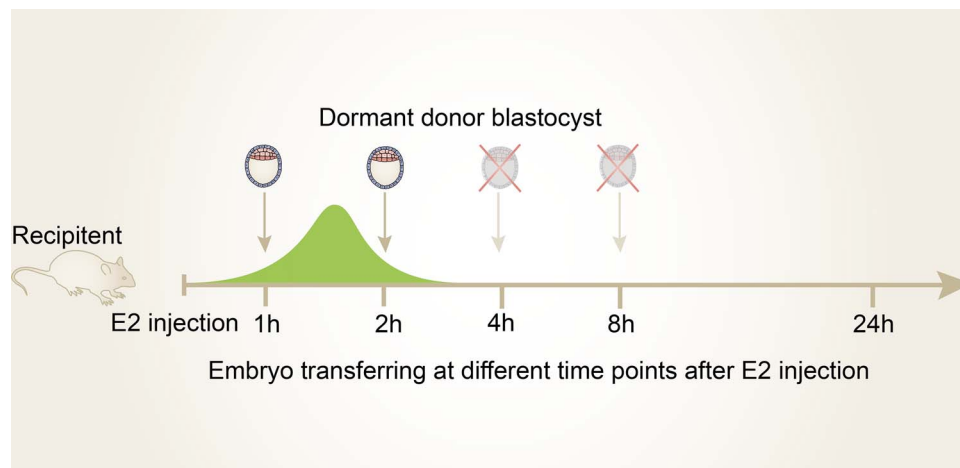


Figure 3. Embryo activation by estrogen at short window. Green color represents serum estrogen concentration after estrogen injection.

Additionally, *MSX1/2* ablation also leads to uterine PCP aberrant in epithelium by modulating *WNT5a/RORs/VANGL2/SCRIB* signaling pathway [64–66]. Furthermore, the observation of sustained uterine expression of *MSX1/2* in multiple diapause species designates its conserved role in divergent mammalian [67, 68]. Leukemia inhibitory factor (LIF), an essential implantation factor derived from glands of Day 4 uterus, is supposed to be critical for receptivity opening [69]. It is interesting that there is complicated entanglement between LIF and *MSX1/2*. On the one hand, *MSX1/2* deficiency compromises LIF expression on Day 4 glands. On the contrary, E2-induced epithelial *MSX1* disappearance and dormant embryo implantation in delayed uteri are dependent on maternal LIF [61]. The casual relationship between these two factors deserves further efforts.

Since LIF is critical for stem cell stemness, it is imaginable that maternal factors also play a vital role in embryo development and activation. Similar scenario is also observed for HB-EGF. HB-EGF is expressed in maternal epithelial cells with its receptor expression in blastocyst as well as its binding on the surface of blastocyst [70, 71]. While the detailed regulatory regiment of these maternal growth factors on embryo activation remains obscure, there is an explicit experiment proven that 4-OH-E2, PGE2, and its downstream secondary messenger cAMP activate dormant embryo efficiently to implant into delayed uteri treated by 2-fluoroestradiol (2-FL-E2), an E2 derivation which cannot be metabolized to 4-OH-E2 and only activate maternal uterus but not embryos [60]. It is possible that uterine epithelial COX2-PGE2 activates diapausing embryos by eliciting cAMP level after binding to its receptor. Additionally, our previous work shows that RBPJ instructs embryonic-uterine orientation to ensure decidual patterning in a stage-specific manner corroborating the concept that embryonic-uterine orientation requires appropriate guidance from developmentally controlled uterine signaling [72], while the underlying mechanism underpinning maternal uterus directs embryo remains largely uncertain. To decipher the latent crosstalk between embryo and epithelial cells in human and mouse, we integrate published data in receptive epithelium and implantation competent embryo data and probe the prioritized ligands and corresponding receptors [73–75]. Intriguingly, apart from LIF, it appears that there are some previously unappreciated ligand–receptor pairs deserving further attention, such as CSF1-CSF1R in human (Figure 4).

In conclusion, until now, marginal progress has been made on maternal factors responding to embryo activation. There is another possibility that some small molecules derived from epithelial cells via extracellular vesicles endow the embryo diapause, such as Let-7 [76]. How progesterone maintains high level of Let-7 in epithelial cells remains elusive.

Embryo diapause and activation

In wild animals, nutrition is considered to be a critical factor for embryos diapause based on the observation of a delay of parturition to ensure sufficient nutrition and survival of the infant, which bring out the conjecture that metabolism is one of the critical determinants for embryo diapause [77]. Especially, evidence support that the inhibition of polyamine synthesis largely causes embryo diapause in both mouse and mink [78, 79]. A recent study also shows that the content of amino acids changes significantly in delayed and activated uterine fluid in roe deer, which is supposed to be relevant with mTOR signaling activation [80].

Especially, a recent study comparing the transcriptomic and proteomic changes in diapause and activated embryos reveals downregulated mTOR signaling with decreased glycolysis in diapause embryo [81–83]. Moreover, arginine, leucine, and glutamine are proven effective to stimulate porcine trophectoderm cells' proliferation [84]. Since leucine and glutamine are reported to promote mTORC1 translocation to the lysosome to incite downstream signaling pathway [85], it is very possible that similar scenario is also applicable for embryo development. The observation that mTOR inhibitors targeting both mTORC1 and mTORC2 induce reversible pausing of mouse blastocyst strongly corroborates this hypothesis. The mechanism is partly due to global profound suppression of gene transcription [86]. The fact that targeting mTORC1 only marginally extend blastocyst survival indicates the essential role of mTORC2 in delayed blastocyst, while convincing evidence warrants further efforts. Another interesting study provides evidence that diapause embryo is characterized by increased lipolysis which might be due to reduced fatty acid β -oxidation. The metabolite analysis in diapause and pre-implantation blastocyst offers insightful information for the mechanism of embryo delay and reactivation. The increased leucine degradation associated genes and leucine degradation



Figure 4. Potential interactions between receptive epithelium and implantation competent embryos. The prioritized ligands in receptive epithelium and their target signaling pathways in competent embryos in mouse (A) and human (B).

metabolites in diapause blastocyst in consistent with the conception that leucine-activated mTOR signal is critical for embryo activation [87]. While how to reconcile the observation of increased glutamine demand and diminished mTOR requires further experiments to define the enigmatic mechanisms.

A fascinating feature of dormant blastocysts is the activation of autophagy to prolong its survival and the disruption of autophagy is associated with reduced blastocyst survival [88]. Since mTOR signaling is downregulated in diapause embryos, how activated autophagy is regulated in diapause embryo remains unclear.

Embryonic signaling guides embryo implantation

The mechanism of embryo diapause and activation is widely discussed, while how implantation competent blastocyst educates receptive uterus to facilitate implantation is largely ambiguous. The evidences originate from growth factors soaked beads transferring into receptivity uterus support that embryonic HB-EGF and IGF1 are effective to initiate implantation [89]. These embryonic signals are first supposed to direct the formation of tight junctional permeability barrier in the decidualizing stroma [90]. To globally depict the critical embryonic factors essential for embryo implantation,

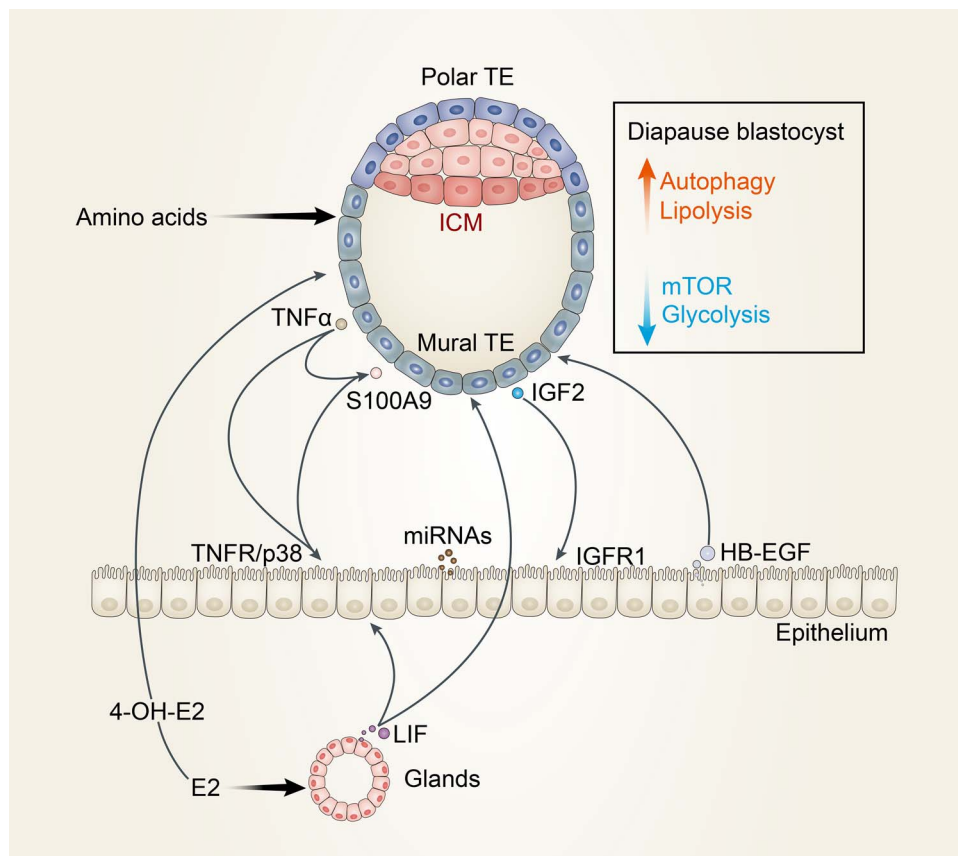


Figure 5. The communications between embryo and maternal uterus.

microarray was first applied to determine the potential molecule. HB-EGF pathway as well as metabolism, transcriptional regulation, and cell cycle genes are differentially expressed in delayed and activated blastocyst [83]. To profoundly illustrate the potential embryonic determinants, high-throughput RNA-Seq was utilized to compare the transcriptome of delayed, activating (6 h after E2 injection), and activated (12 h after E2 injection) embryos. We notice that the proinflammatory factors, including $\text{TNF}\alpha$ and S100A9, are obviously increased in the activated embryos [82]. Our previous work shows that embryonic TNF is critical for epithelium removal through epithelial RAC1-Pak1-ERM pathway via TNFR1 and p38 [7]. Furthermore, our lab also notices that S100A9, which is highly expressed in activated embryos, significantly promotes embryo implantation [82].

IGF1 is assumed to be a critical embryo derived factor to promote embryo implantation [89]. We first detected the expression of its receptor in peri-implantation uterus. Intriguingly, IGF1R is specifically localized in epithelium. The compromised embryo implantation by abrogating IGF1R in whole uterus or only epithelium strongly underscores the vital role of IGF1R. Our result also surprisingly observed that embryonic IGF2 is essential for embryo implantation initiation [91]. Collectively, we have very limited evidence of how embryo interplay with maternal uterus to facilitate embryo implantation. To comprehensively interrogate, the communication between embryo and uterus still remains a huge challenge and requires further investigation (Figure 5).

Concluding remarks and future perspectives

Accumulating evidences show that there is adequate entanglement between implantation competent blastocyst and

receptive uterus. While this process is largely constrained due to the rare material accessibility of embryos. Advances in chromatin and chromosome research using sequencing-based genomic approaches with limited number of cells will largely pave the way for the epigenetic landmarks of the diapause and delayed embryos [92]. Since blastocyst encompasses epiblast, ICM, polar TE, and mural TE, the contribution of each cell type in embryo implantation gradually attracts scientist attention, the multi-omic single-cell signatures of heterogenic embryo will also definitely shed new light on the mechanism study of embryonic signal on embryo implantation [93]. Due to the ethical limitation, it is difficult to investigate the process of human implantation in vivo. The development of suitable in vitro embryo implantation model resembles human is imperative. The successfully established various assembled endometrium in vitro will ensure the study of the cross talk between embryo and endometrium [94–99]. Meanwhile, there are also diverse trials to construct blastoids or blastocyst-like cysts in vitro to effectively and faithfully mimic cellular determination and morphogenesis according to the in vivo developmental pace [100–106]. Future functional studies leveraging genetic modification in these in vitro models will greatly advance the mechanism study of embryo implantation and ultimately improve pregnancy outcome.

Acknowledgments

The authors regret that, because of page limitations, the contributions of many investigators to the study of cell chatting between embryo and uterus could not be credited in this article.

Conflict of interest

The authors declare that they have no competing interests.

Authors' contributions

H.W. conceptualized this manuscript and W.D. and H.W. discussed and wrote the manuscript. All authors read and approved the manuscript for publication.

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