

# Seasonal Physiology of the Wild Raccoon Dog (Nyctereutes procyonoides)

Authors: Asikainen, Juha, Mustonen, Anne-Mari, Hyvärinen, Heikki,

and Nieminen, Petteri

Source: Zoological Science, 21(4): 385-391

Published By: Zoological Society of Japan

URL: https://doi.org/10.2108/zsj.21.385

BioOne Complete (complete.BioOne.org) is a full-text database of 200 subscribed and open-access titles in the biological, ecological, and environmental sciences published by nonprofit societies, associations, museums, institutions, and presses.

Your use of this PDF, the BioOne Complete website, and all posted and associated content indicates your acceptance of BioOne's Terms of Use, available at <a href="https://www.bioone.org/terms-of-use">www.bioone.org/terms-of-use</a>.

Usage of BioOne Complete content is strictly limited to personal, educational, and non - commercial use. Commercial inquiries or rights and permissions requests should be directed to the individual publisher as copyright holder.

BioOne sees sustainable scholarly publishing as an inherently collaborative enterprise connecting authors, nonprofit publishers, academic institutions, research libraries, and research funders in the common goal of maximizing access to critical research.

# Seasonal Physiology of the Wild Raccoon Dog (*Nyctereutes procyonoides*)

Juha Asikainen, Anne-Mari Mustonen, Heikki Hyvärinen, and Petteri Nieminen\*

University of Joensuu, Department of Biology, P.O. Box 111, FIN-80101 Joensuu, Finland

ABSTRACT—The raccoon dog (*Nyctereutes procyonoides*) is a canid omnivore with autumnal fattening and winter sleep. Farmraised raccoon dogs have elevated plasma leptin and growth hormone levels in the winter and depressed plasma cortisol and insulin concentrations during wintertime food deprivation. However, these parameters were not previously tested in the wild population. In the present study 37 wild raccoon dogs were sampled at different seasons and diverse biochemical variables were determined. The results mostly confirmed previous observations on farmraised raccoon dogs. The liver glycogen stores increased during the autumnal fattening period but were low in the winter. The liver glycogen phosphorylase activity decreased but lipase activity increased in the winter indicating the use of fat as the principal metabolic fuel. The plasma insulin concentrations were low in the winter allowing the release of fatty acids from adipose tissue. Low wintertime cortisol and thyroid hormone levels could contribute to protein sparing. Unlike on farms, wild raccoon dogs did not show seasonal fluctuations in their plasma ghrelin or growth hormone levels. The observed physiological phenomena emphasise the adaptation of the species to long periods of food scarcity in the winter.

Key words: ghrelin, leptin, Nyctereutes procyonoides, raccoon dog, winter sleep

#### INTRODUCTION

The raccoon dog (*Nyctereutes procyonoides* Gray, 1834) or *tanuki* is a nocturnal canid native to East Asia (Siivonen 1972). Between the 1930's and 1950's it was introduced to the northwestern parts of the Soviet Union. From there it dispersed to western Europe, including Finland by the mid-1970's (Kauhala 1996). The northern distribution limit of the species currently lies between 65°N and the Arctic Circle. The species has been reared commercially for the fur trade in Finland since the early 1970's with captured animals (Mäkelä 1973).

The raccoon dog is a true omnivore, and the availability of different food items affects the composition and diversity of its diet (Viro and Mikkola 1981). Wild raccoon dogs have a body mass (BM) of 3.5–10.5 kg (Kauhala 1992) and farmraised animals 5.5–14.5 kg (Asikainen *et al.*, 2002). The mean BM varies 30–40% throughout the year, being the highest in Oct-Dec and the lowest in the spring and summer (Korhonen *et al.*, 1991; Kauhala 1992).

The raccoon dog exhibits profound autumnal fattening

\* Corresponding author: Tel. +358-13-2513576;

FAX. +358-13-2513590. E-mail: pniemine@cc.joensuu.fi in preparation for the winter (Kauhala 1992). It is the only canid spending 4-5 months of the midwinter in a burrow or a den in superficial hibernation-like state called winter sleep in this study. Winter sleep is different from hibernation as the body temperature remains close to normal and there can be occasional periods of arousal, food intake and defecation. This occurs in areas of snowy winters with the ambient temperature below  $-5 - -10^{\circ}$ C for long periods. During winter sleep the raccoon dogs mostly fast (Nowak 1993) with fat as the principal metabolic fuel (Mustonen et al., 2004). This seasonal rest is facultative and raccoon dogs are known to forage, defecate or eat snow during milder weathers (J. Asikainen, personal communication, 2003). Young individuals, who have not been able to gather sufficient fat stores, are sometimes active also during colder periods. Farmraised animals do not experience winter sleep but they also show seasonal fluctuations in their voluntary energy intake, which is highest in the autumn and declines in the winter (Nieminen et al., 2002; Mustonen et al., 2004). The raccoon dog is a monogamous seasonal breeder (Yamamoto 1987). Mating occurs in southern Finland in Feb or March and the gestation period is 61.0±2.0 days (Valtonen et al., 1977).

Leptin is a hormone secreted mainly by the white adipose tissue (WAT; Zhang et al., 1994). Leptin levels of

J. Asikainen et al.

humans and laboratory rodents correlate positively with body adiposity (Maffei et al., 1995), being suppressed by fasting and increased by refeeding (Kolaczynski et al., 1996). In ob/ob mice, leptin decreases food intake, BM and adiposity (Pelleymounter et al., 1995). In starvation, falling leptin levels disinhibit the production of hypothalamic neuropeptide Y (NPY) leading to energy preservation (Ahima et al., 1996). Ghrelin is another novel signal peptide from the gastrointestinal tract and the hypothalamus (Kojima et al., 1999). Its secretion is regulated by cholinergic neurons (Sugino et al., 2003). Ghrelin stimulates growth hormone (GH) secretion, reduces fat utilization, and increases food intake and BM. Plasma ghrelin levels are increased by fasting and reduced by refeeding and obesity (Tschöp et al., 2000, 2001) and a transient ghrelin peak can be observed shortly before feeding (Sugino et al., 2002a, b). Ghrelin antagonizes leptin action by activating the NPY pathway (Shintani et al., 2001). GH is secreted by the anterior hypophysis and promotes growth by increasing endochondral ossification (Brück 1983). In humans, hypoglycemia increases the rate of GH secretion e.g. at times of inadequate nutrition. GH is also able to increase lipolysis (Richelsen 1997).

Farmraised raccoon dogs have relatively low leptin and GH levels in the early autumn, which increase simultaneously with increasing BM and WAT mass (Nieminen et al., 2001, 2002). In early Nov the animals experience a metabolic transition into winter sleep. This is characterised by rapidly fluctuating leptin and GH levels with an initial decline followed by an increase in Nov-Dec. In the winter, the plasma leptin and GH concentrations are relatively high but the ghrelin levels low. At this time of the year, these hormones probably work together to induce the use of fat as the principal metabolic fuel. Furthermore, the species has remarkable adaptations to long periods of fasting. In fact, an eight-week fast does not affect plasma leptin, ghrelin or GH levels of raccoon dogs (Nieminen et al., 2002) and the animals are able to defend their muscle tissue mass without significant protein catabolism (Mustonen et al., 2004).

Seasonal physiology of the raccoon dog has been studied only in farmraised animals. Yet it remains unknown how these physiological phenomena are manifested in wild raccoon dogs with smaller fluctuations in WAT mass (Mäkelä 1973; Korhonen 1988). This work is a part of a project studying seasonal metabolic and endocrinological adaptations of the species.

### **MATERIALS AND METHODS**

The experimental animals (15 males: 10 juveniles, 5 > one year old; 22 females: 13 juveniles, 9 > one year old) were trapped or hunted with a dog between Oct 2000 and Jan 2002 according to the Finnish hunting legislation in North Carelia, Finland (62°N, 29°E). The climate of the region is boreal with the ambient temperature below freezing and permanent snow cover (40–100 cm) between November and March. The animals were housed singly in a cage and fasted for 12–24 hrs and given water *ad libitum*. They

were sacrificed with an electric shock according to EU regulations (Council of the European Union 1993). All the procedures conformed to the Helsinki Convention. The age of the animals (classified as juveniles or adults) was determined according to the stage of fur development (J. Asikainen, personal communication 2002) or the annual incremental lines in the tooth sementum (Kauhala and Helle 1990). The animals were weighed and the body lengths were measured along the ventral midline from the nose to the anus (cm). From these data the body mass index [BMI = weight (kg)/length<sup>3</sup> (m)] reflecting body adiposity was calculated. The formula correlates  $(r_s = 1.000)$  with the obesity index empirically derived for the species (Korhonen et al., 1982). Blood samples were obtained with cardiac punctures using sterile needles and syringes. They were taken into test tubes containing EDTA to prevent clotting and centrifuged at 1000 g. The livers and kidneys were dissected, weighed and all the samples were stored at -40°C.

The plasma glucose concentrations were determined with the liquid reagent hexokinase method, cholesterol concentrations with the enzymatic endpoint method, triglyceride concentrations with the GPO-PAP method, and creatinine concentrations with the colorimetric method of Randox Laboratories Ltd. (Swords, Ireland) with the Technicon RA-XT<sup>TM</sup> analyser (Technicon Instruments Corporation, Tarrytown, NY, USA). The plasma total thyroxine (T<sub>4</sub>), triiodothyronine (T<sub>3</sub>), and cortisol concentrations were measured with the Spectria  $\lceil^{125}I\rceil$  Coated Tube Radioimmunoassay (RIA) kits (Orion Diagnostica, Espoo, Finland). The plasma insulin concentrations were determined with the Coat-A-Count Insulin kit (Diagnostic Products Corporation, Los Angeles, CA, USA). The plasma leptin concentrations were measured with the Multi-Species Leptin RIA kit (Linco Research, St. Charles, MO, USA) and ghrelin levels with the Ghrelin (Human) RIA kit (Phoenix Pharmaceuticals, Belmont, CA, USA). The plasma GH concentrations were determined using the hGH Human Growth Hormone Double Antibody kit of DPC. All the assays were previously validated for the species (Nieminen et al., 2002; Asikainen et al., 2003; Mustonen et al., 2004).

Enzyme activities were determined spectrophotometrically. The liver and kidney samples were weighed and homogenized in cold citrate buffer in pH 6.5 for the glucose-6-phosphatase (G6Pase), in pH 6.1 for the glycogen phosphorylase and in cold 0.85% NaCl for the lipase measurements. The activity of G6Pase was measured using glucose-6-phosphate as substrate in the presence of EDTA after an incubation time of 30 minutes at 37.5°C (Hers and van Hoof, 1966). The glycogen phosphorylase activity was measured in the presence of glucose-1-phosphate, glycogen, sodium fluoride and AMP according to the method of Hers and van Hoof (1966). The lipase activity was measured according to the method of Seligman and Nachlas (1962) using 2-naphthyl-laurate without taurocholate as substrate. Glycogen concentrations were measured spectrophotometrically according to the method of Lo *et al.* (1970).

For statistical analyses the animals were assigned into 3 groups according to season. The aim of this classification was to describe the seasonal fluctuations of the diverse physiological and biochemical variables. The division of months into the respective seasonal groups was based on previous observations on the seasonal changes in physiological variables of the species (Nieminen et al., 2002, Asikainen et al., 2003, Mustonen et al., 2004) and further classification was performed according to the results of this study. There was no sexual dimorphism in the measured variables, and for this reason the data for the males and the females are pooled together in the results section. The animals were also classified according to age. The only significant differences between the age groups were in the BMs, BMIs, body lengths and absolute liver weights of the animals. In other cases, the results of adults and juveniles are pooled together.

Multiple comparisons were performed with the one-way analysis of variance (ANOVA) followed by the *post hoc* Duncan's test. The normality of distribution and the homogeneity of variances

were tested with the Kolmogorov-Smirnov test and the Levene test. Comparison within groups between consecutive measurements were analysed using repeated measures ANOVA and t-test for related samples. Comparisons between the study groups were analysed with the Student's t-test and with the Mann-Whitney U test for nonparametrical data. A p-value less than 0.05 was considered to be statistically significant. The results are presented as the mean±SE.

#### **RESULTS**

The seasonal variations of the measured variables followed individual rhythms. For instance, the plasma cortisol concentrations were relatively low in the winter but quite high during the rest of the year. On the other hand, many of

**Table 1.** Mean BM, BMI, length, liver weight, plasma glucose, creatinine, cholesterol, triglyceride and hormone concentrations, and liver (L) and kidney (K) glycogen content and enzyme activities  $\pm$  SE of wild raccoon dogs at different seasons. Late autumn = Nov (n = 9), Winter = Dec-Feb (n= 9), Spring-early autumn = April-Oct (n = 19) for BM, BMI, length, liver weight, creatinine, thyroid hormones, leptin, ghrelin, GH and insulin data; Late autumn = Oct-Nov (n = 16), Winter = Dec-April (n = 11), Spring-early autumn = May-Sep (n = 10) for other data.

	Late autumn	Winter	Spring-early autumn
BM (kg)	$6.54 \pm 0.40^b$	5.26 ± 0.28 <sup>ab</sup>	$4.36 \pm 0.96^a$
BMI (kg/m <sup>3</sup> )	27.3 ± 1.1 <sup>b</sup>	22.4 ± 1.2 <sup>a</sup>	$23.5 \pm 2.5^{ab}$
Length (cm)	$61.81 \pm 0.77$	$61.73 \pm 0.47$	$55.89 \pm 2.27$
Liver weight (kg)	$0.29 \pm 0.01^b$	$0.22 \pm 0.01^a$	$0.19 \pm 0.02^{a}$
Liver weight/BM ‰	$44 \pm 3$	$42\pm2$	$50\pm4$
Glucose (mmol/l)	$7.13 \pm 0.48$	$8.11 \pm 0.75$	$7.87 \pm 1.15$
Creatinine (µmol/l)	$106.33 \pm 14.99^b$	96.71 ± 7.68 <sup>b</sup>	$70.06 \pm 2.57^a$
Cholesterol (mmol/l)	$5.11 \pm 0.42$	$4.46 \pm 0.67$	$4.51 \pm 0.28$
Triglycerides (mmol/l)	$1.41 \pm 0.23$	$1.22 \pm 0.26$	$0.99 \pm 0.18$
T <sub>4</sub> (nmol/l)	24.11 ± 1.81 <sup>ab</sup>	18.68 ± 1.73 <sup>a</sup>	$26.35 \pm 1.94^b$
T <sub>3</sub> (nmol/l)	$0.87 \pm 0.08^b$	$0.51 \pm 0.05^a$	$0.79 \pm 0.10^{b}$
T <sub>3</sub> /T <sub>4</sub> %	$3.71 \pm 0.31$	$3.02\pm0.53$	$3.16\pm0.31$
Leptin (ng/ml)	$3.00 \pm 0.86$	$1.24 \pm 0.18$	$2.12\pm0.14$
Ghrelin (ng/ml)	$2.33 \pm 0.13$	$2.21 \pm 0.37$	$2.18 \pm 0.08$
Ghrelin/leptin	$1.01 \pm 0.14^{a}$	$1.82 \pm 0.35^b$	1.11 ± 0.08 <sup>a</sup>
Growth hormone (ng/ml)	$1.14 \pm 0.21$	$1.18 \pm 0.13$	$0.87 \pm 0.12$
Insulin (μIU/mI)	$22.94 \pm 9.65^b$	$3.51 \pm 1.06^a$	$8.75 \pm 2.36^a$
L Glycogen (mg/g)	$15.63 \pm 3.31^b$	7.31 ± 1.51 <sup>a</sup>	$5.03 \pm 0.95^{a}$
K Glycogen (mg/g)	$0.57 \pm 0.04$	$0.46\pm0.08$	$0.55\pm0.03$
L G6Pase (μg P/mg/h)	29.53 ± 1.83 <sup>a</sup>	32.42 ± 2.91 <sup>a</sup>	42.11 ± 2.14 <sup>b</sup>
K G6Pase (μg P/mg/h)	$18.90 \pm 1.57^b$	12.43 ± 1.27 <sup>a</sup>	21.51 ± 1.40 <sup>b</sup>
L Phosphorylase (μg P/mg/h)	41.62 ± 1.79 <sup>b</sup>	28.27 ± 1.35 <sup>a</sup>	41.84 ± 1.95 <sup>b</sup>
K Phosphorylase (μg P/mg/h)	$4.77 \pm 0.30$	$4.30\pm0.27$	$4.44 \pm 0.20$

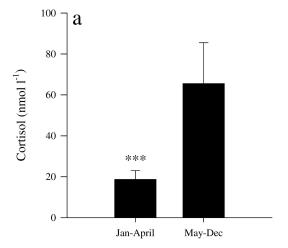
P: one-way ANOVA. Means with different superscripts differ at p < 0.05.

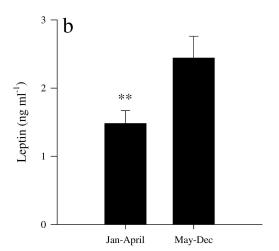
**Table 2.** BM, BMI, body length and absolute liver weight of juvenile and adult wild raccoon dogs. Data are mean  $\pm$  SE. Spring-early autumn = April-Oct, late autumn = Nov, winter = Dec-Feb.

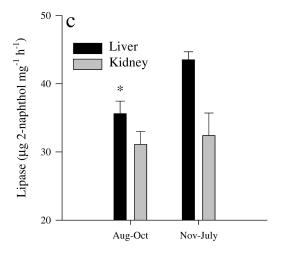
		n	Weight (kg)	Length (cm)	BMI (kg/m <sup>3</sup> )	Liver weight (g)
Opining carry	Juveniles	7	$2.77 \pm 0.15^{*}$	$51.5 \pm 0.7^*$	$20.5\pm0.6$	149 ± 9*
	Adults	3	$8.07\pm1.97$	$64.7 \pm 1.2$	$29.5\pm6.8$	$274\pm18$
Late autumn	Juveniles	9	$5.69\pm0.42^{\star}$	$60.7\pm0.9$	$25.2 \pm 1.2^*$	$264 \pm 17*$
	Adults	7	$7.64\pm0.52$	$63.3 \pm 1.2$	$30.0\pm1.3$	$328\pm16$
Winter	Juveniles	8	$5.07\pm0.28$	$61.4\pm0.5$	$21.9 \pm 1.2$	$216\pm11$
	Adults	3	$5.80\pm0.75$	$62.7\pm0.9$	$23.8 \pm 3.5$	221 ± 30

 $<sup>^{\</sup>star}$  = Significant difference between the juvenile and adult animals, t-test, p < 0.05.

J. Asikainen et al.







**Fig. 1.** Plasma cortisol concentrations (a; n = 10 Jan-April, n = 25 May-Dec), leptin concentrations (b; n = 9 Jan-April, n = 24 May-Dec) and liver (c; n = 16 Aug-Oct, n = 20 Nov-July) and kidney (c; n = 14 Aug-Oct, n = 9 Nov-July) lipase activities of the wild raccoon dogs at different seasons (mean $\pm$ SE). \*\*\* = Significant difference between seasons (t-test, p < 0.001), \*\* = significant difference between seasons (p < 0.02, Mann-Whitney U test), \* = significant difference between seasons (t-test, p < 0.02).

the enzymatic variables, such as the liver G6Pase activities clearly showed another type of seasonal variation with three distinct periods. Due to these different seasonal rhythms of the variables the seasons were classified as follows: Late autumn = Nov, winter = Dec-Feb, and spring-early autumn = April-Oct for BM, BMI, length, liver weights, creatinine, thyroid hormones, ghrelin, GH and insulin data; late autumn = Oct-Nov, winter = Dec-April, and spring-early autumn = May-Sep for the other variables. The cortisol and leptin data were divided between Jan-April and the rest of the year and the liver and kidney lipase data between Aug-Oct and the rest of the year. Spring-early autumn represents the active foraging period including most of the autumnal fat storage. Late autumn is the period of the final fat storage and the metabolic transition into winter catabolism and winter is the period of winter sleep.

The BMs of the raccoon dogs were relatively low in the spring-early autumn, increased in the late autumn and started to decline in the winter (ANOVA, p < 0.05; Table 1). The same was observed in the BMIs. The absolute liver weight also followed the same pattern, but the relative liver weights showed no seasonal changes. The juvenile and adult raccoon dogs differed from each other only in the BM and BMI values, body lengths and in the absolute liver weights (t-test, p < 0.05; Table 2).

The plasma glucose, total cholesterol and triglyceride concentrations remained stable at all seasons, but the plasma creatinine concentrations increased in the late autumn and remained at a relatively high level in the winter (ANOVA, p < 0.05; Table 1). The plasma  $T_4$  and  $T_3$  concentrations were lower in the winter compared to the springearly autumn (ANOVA, p < 0.05), but no seasonal changes were detected in the  $T_3T_4$  ratios. The plasma insulin concentrations were the highest in the late autumn (ANOVA, p < 0.05). There was no clear seasonal pattern in the plasma ghrelin or GH concentrations. The plasma cortisol and leptin concentrations were lower between Jan-April than during the rest of the year (t-test, p < 0.001; Fig. 1a and Mann-Whitney U test, p < 0.02; Fig. 1b).

The liver glycogen content was the highest in the late autumn but the kidney glycogen levels did not fluctuate (ANOVA, p < 0.05; Table 1). The liver G6Pase activity was the highest in the spring-early autumn and declined in the late autumn, while the kidney G6Pase and the liver glycogen phosphorylase activities decreased in the winter (ANOVA, p < 0.05). The kidney phosphorylase activities remained at the same level throughout the year. The liver lipase activity was lower during Aug-Oct compared to the rest of the year (t-test, p < 0.02; Fig. 1c) but in the kidney lipase activity there were no seasonal changes.

# **DISCUSSION**

The raccoon dog is an interesting model to study seasonal obesity, fasting and winter sleep. It is of medium size, common in nature and easily reared in fur farms. The seasonal

sonal physiological changes observed previously in farm-raised animals (Nieminen *et al.*, 2001, 2002; Mustonen *et al.*, 2001, 2004; Asikainen *et al.*, 2002, 2003) could for the most part be detected in their wild counterparts, too. A major problem in the present study was the lack of repeated measurements of the different biochemical values of individual animals. Yet to obtain this the wild raccoon dogs would have to be restrained and kept in a facility, which would have made them essentially farmraised individuals.

In the autumn the raccoon dog very effectively stores energy reserves as subcutaneous fat (Korhonen 1988). This could be clearly seen in the higher BMs and BMIs of the animals in the late autumn. This phase was also characterised by the high liver weights, liver glycogen stores and glycogen phosphorylase activities. The high plasma insulin concentrations observed in the late autumn could enhance the storage of energy as fat and glycogen (Brück 1983). G6Pase liberating glucose into the circulation during e.g. gluconeogenesis (Harris 1986) is not as important during this time of year. In fact, the high plasma insulin levels could have contributed to this by downregulating gluconeogenesis (Kaloyianni and Freedland 1990) leading to a relatively low G6Pase activity.

During Aug-Oct, the liver lipase activity was lower than in the winter also fitting to these observations on the autumnal physiology of the wild raccoon dog. As fat is being deposited in subcutaneous adipose tissue (Korhonen 1987), it is prudent to keep its hepatic degradation and thus the lipase activity low. Unlike in farmraised raccoon dogs (Mustonen et al., 2004), the plasma lipid levels of the wild animals did not show any clear seasonal variations. The relatively small number of wild animals available to this study could have masked some of the effects observed on fur farms. However, both the farmraised (Mustonen et al., 2004) and wild raccoon dogs can maintain their plasma glucose levels stable despite of great fluctuations in energy intake and adipose tissue mass. It could be of importance for the species to keep the circulating glucose concentrations on a level that is high enough to enable physical activity, such as foraging or avoiding predators even in relatively unfavourable conditions.

In Finland the raccoon dog spends the coldest part of the year in superficial winter sleep like bears (*Ursus* spp.) and badgers (*Meles meles*; Siivonen 1972). The liver glycogen stores of wild raccoon dogs decreased as the animals entered winter metabolism. At the same time, the glycogen phosphorylase activity declined to a lower level. This points to the significance of adipose tissue as the main source of metabolic energy in the winter. The importance of fat is further emphasised by the higher liver lipase activities in Nov-July compared to Aug-Oct (Fig. 1c).

In the farmraised raccoon dog weight-regulatory hormones – ghrelin and GH – interact in order to maintain lipolysis during the winter months (Nieminen *et al.*, 2002). In the wild raccoon dogs, however, no clear seasonal changes could be observed in the circulating concentrations of these hormones. Of course, the farmraised raccoon dog accumu-

lates more subcutaneous fat due to very favourable feeding conditions (Asikainen et al., 2003) and the lack of winter sleep (Korhonen 1987). It is possible that the smaller amount of fat gathered in the wild (Mäkelä 1973; Korhonen 1988) could dampen these changes even in the presence of other seasonal factors, such as the photoperiod and its effector hormone melatonin. However, the observed pattern of relatively low plasma leptin concentrations during Jan-April and the higher levels during the other months could be related to the function of leptin as a signal of nutritional status (Maffei et al., 1995). The lower wintertime leptin levels could thus reflect the diminishing amount of adipose tissue during the winter sleep and its immediate recovery period. As the replenishment of fat stores started in the spring and continued in the summer and autumn the leptin levels increased to a higher level than in the winter.

In the winter the plasma insulin concentrations of wild raccoon dogs declined to about 15% of the values observed in the autumn. These findings are analogous with fasting dogs (*Canis familiaris*; de Bruijne *et al.*, 1981) and farm-raised raccoon dogs (Mustonen *et al.*, 2004). It is known that insulin inhibits the hydrolysis of triglycerides and the release of fatty acids from WAT (Cahill 1976). The low insulin levels encountered in the wintering raccoon dogs of this study are probably required for sufficient triglyceride mobilization during the winter. Low insulin can also induce the sparing of carbohydrates by decreasing glucose uptake to muscle and fat, enable the decrease in metabolic rate (Rothwell *et al.*, 1983) and stimulate gluconeogenesis and ketogenesis (Kaloyianni and Freedland, 1990) required for successful winter life.

The plasma T<sub>4</sub> and T<sub>3</sub> concentrations of the wild raccoon dogs decreased in the winter. The same phenomenon has been previously observed in farmraised raccoon dogs (Korhonen 1987; Nieminen *et al.*, 2001). Decreased thyroid hormone levels downregulate metabolic rate and can thus contribute to energy saving (Brück 1983). Thyroid hormone levels also decrease in the actively wintering mink during the cold season (*Mustela vison*; Boissin-Agasse *et al.*, 1981). The same has also been documented in the wintering beaver (*Castor canadensis*; Aleksiuk and Cowan 1969) with reduced thyroid activity, normal body temperature, low food intake and lethargy, phenomena that characterise the winter sleep of the raccoon dog. In this respect, the wild raccoon dog is very similar to other species experiencing food scarcity as a part of their natural seasonal rhythms.

The lowered plasma cortisol concentrations during Jan-Apr also fit to this pattern of energy saving (Fig. 1a). Fasting decreases the plasma cortisol levels of farmraised raccoon dogs in the winter (Mustonen *et al.*, 2004). As the raccoon dogs are able to defend against protein catabolism, it is possible that this efficient protein sparing would require low circulating cortisol and thyroid hormone concentrations (Goldberg *et al.*, 1980, Mustonen *et al.*, 2004) observed in this study, too. The observed wintertime increase in the plasma creatinine levels has also been previously docu-

390 J. Asikainen et al.

mented in denning bears (Nelson *et al.*, 1973) and in food-deprived farmraised raccoon dogs (Mustonen *et al.*, 2004).

During the spring and summer raccoon dogs replenish their energy reserves. The adipose tissue mass is at its lowest seasonal level and the animals have to forage actively to meet their metabolic demands. The relatively low fat stores and increased locomotion set demands for intermediary metabolism to maintain blood glucose levels stable. The glycogen stores were still low, but the G6Pase activity increased in spring-early autumn liberating more glucose into the circulation when foraging activity returned. At the same time, the glycogen phosphorylase activity returned to the autumnal level indicating increased carbohydrate turnover.

The results of this study indicate that the wild raccoon dog has adapted to marked seasonal changes in its energy reserves. As a consequence the species has been able to colonize new areas effectively. The physiological systems of the species optimize the use of relative autumnal abundance with effective energy storage and the mobilization of fuel from adipose tissue in the winter. In the wild raccoon dog, these phenomena are not reflected in the concentrations of the weight-regulatory hormones as clearly as in the farmraised animals.

# **ACKNOWLEDGEMENTS**

This study was financially supported by the Helve Foundation and by the Faculty of Science of the University of Joensuu. We sincerely thank Mrs Anita Kervinen for her assistance in the enzyme analyses.

# **REFERENCES**

- Ahima RS, Prabakaran D, Mantzoros C, Qu D, Lowell B, Maratos-Flier E, Flier JS (1996) Role of leptin in the neuroendocrine response to fasting. Nature 382: 250–252
- Aleksiuk M, Cowan IM (1969) The winter metabolic depression in Arctic beavers (*Castor canadensis* Kuhl) with comparison to California beavers. Can J Zool 47: 965–979
- Asikainen J, Mustonen A-M, Nieminen P, Pasanen S, Araja-Matilainen H, Hyvärinen H (2002) Reproduction of the raccoon dog (*Nyctereutes procyonoides*) after feeding or food deprivation in winter. J Anim Physiol Anim Nutr 86: 367–375
- Asikainen J, Mustonen A-M, Hyvärinen H, Nieminen P (2003) Seasonal reproductive endocrine profile of the raccoon dog (*Nyctereutes procyonoides*) Effects of melatonin and food deprivation. J Exp Zool 299A: 180–187
- Boissin-Agasse L, Maurel D, Boissin J (1981) Seasonal variations in thyroxine and testosterone levels in relation to the moult in the adult male mink (*Mustela vison* Peale and Beauvois). Can J Zool 59: 1062–1066
- Brück K (1983) Functions of the endocrine system. In "Human physiology" Ed by RF Schmidt, G Thews, Springer-Verlag, Berlin, pp 658–687
- Cahill GF Jr (1976) Starvation in man. Clin Endocrinol Metab 5: 397–415
- Council of the European Union (1993) Council Directive 93/119/EC of 22 December 1993 on the protection of animals at the time of slaughter or killing, 12 pp
- de Bruijne JJ, Altszuler N, Hampshire J, Visser TJ, Hackeng WHL

- (1981) Fat mobilization and plasma hormone levels in fasted dogs. Metabolism 30: 190–194
- Goldberg AL, Tischler M, DeMartino G, Griffin G (1980) Hormonal regulation of protein degradation and synthesis in skeletal muscle. Fed Proc 37: 2301–2307
- Harris RA (1986) Carbohydrate metabolism I: Major metabolic pathways and their control. In "Textbook of biochemistry with clinical correlations" Ed by TM Devlin, John Wiley & Sons, New York, pp 261–328
- Hers GH, van Hoof F (1966) Enzymes of glycogen degradation in biopsy material. In "Methods in enzymology" Ed by S Colowick, NO Kaplan, Academic Press, New York, pp 525–532
- Kaloyianni M, Freedland RA (1990) Effect of diabetes and time after in vivo insulin administration on ketogenesis and gluconeogenesis in isolated rat hepatocytes. Int J Biochem 22: 159–164
- Kauhala K (1992) Ecological characteristics of the raccoon dog in Finland. PhD Dissertation. Publications of the University of Helsinki, Helsinki, Finland, 80 pp
- Kauhala K (1996) Introduced carnivores in Europe with special reference to central and northern Europe. Wildl Biol 2: 197–204
- Kauhala K, Helle E (1990) Age determination of the raccoon dog in Finland. Acta Theriol 35: 321–329
- Kojima M, Hosoda H, Date Y, Nakazato M, Matsuo H, Kangawa K (1999) Ghrelin is a growth-hormone releasing acylated peptide from stomach. Nature 402: 656–660
- Kolaczynski JW, Considine RV, Ohannesian J, Marco C, Opentanova I, Nyce MR, Myint M, Caro JF (1996) Responses of leptin to short-term fasting and refeeding in humans, a link with ketogenesis but not ketones themselves. Diabetes 45: 1511–1515
- Korhonen H (1987) Energy metabolism of the raccoon dog (*Nyctereutes procyonoides*, Gray 1834): Applied perspective to common farming practices. PhD Dissertation, University of Kuopio, Kuopio, Finland, 69 pp
- Korhonen H (1988) Voluntary regulation of energy balance in farmed raccoon dogs. Comp Biochem Physiol 89A: 219–222
- Korhonen H, Harri M, Asikainen J (1982) Effect of various diets and energy levels on the growth of farmed raccoon dogs. Savonia 5: 1–9
- Korhonen H, Mononen J, Harri M (1991) Evolutionary comparison of energy economy between Finnish and Japanese raccoon dog. Comp Biochem Physiol 100A: 293–295
- Lo S, Russell JC, Taylor AW (1970) Determination of glycogen in small tissue samples. J Appl Physiol 28: 234–236
- Maffei M, Halaas J, Ravussin E, Pratley RE, Lee GH, Zhang Y, Fei H, Kim S, Lallone R, Ranganathan S, Kern PA, Friedman JM (1995) Leptin levels in human and rodent: Measurements of plasma leptin and ob RNA in obese and weight-reduced subjects. Nature Med 1: 1155–1161
- Mäkelä L (1973) Supikoira luonnossa ja tarhakasvattina (in Finnish). Turkistalous 45: 193–202
- Mustonen A-M, Nieminen P, Hyvärinen H, Asikainen J (2001) Effects of seasonality and fasting on the body mass and plasma growth hormone concentrations of the raccoon dog (*Nyctereutes procyonoides*) and the blue fox (*Alopex lagopus*). Z Naturforsch 56c: 437–443
- Mustonen A-M, Nieminen P, Puukka M, Asikainen J, Saarela S, Karonen S-L, Kukkonen JVK, Hyvärinen H (2004) Physiological adaptations of the raccoon dog (*Nyctereutes procyonoides*) to seasonal fasting Fat and nitrogen metabolism and influence of continuous melatonin treatment. J Comp Physiol B 174: 1–12
- Nelson RA, Wahner HW, Jones JD, Ellefson RD, Zollman PE (1973) Metabolism of bears before, during, and after winter sleep. Am J Physiol 224: 491–496
- Nieminen P, Asikainen J, Hyvärinen H (2001) Effects of seasonality and fasting on the plasma leptin and thyroxin levels of the raccoon dog (*Nyctereutes procyonoides*) and the blue fox (*Alopex*

- lagopus). J Exp Zool 289: 109-118
- Nieminen P, Mustonen A-M, Asikainen J, Hyvärinen H (2002) Seasonal weight regulation of the raccoon dog (*Nyctereutes procyonoides*): Interactions between melatonin, leptin, ghrelin, and growth hormone. J Biol Rhythms 17: 75–83
- Nowak E (1993) Nyctereutes procyonoides Gray, 1834 Marderhund. In "Handbuch der Säugetiere Europas, Raubsäuger (Teil I)" Ed by M Stubbe, F Krapp, AULA-Verlag, Wiesbaden, pp 215–248
- Pelleymounter MA, Cullen MJ, Baker MB, Hecht R, Winters D, Boone T, Collins F (1995) Effects of the obese gene product on body weight regulation in ob/ob mice. Science 269: 540–543
- Richelsen B (1997) Action of growth hormone in adipose tissue. Horm Res 48 (suppl 5): 105–110
- Rothwell NJ, Saville ME, Stock MJ (1983) Role of insulin in thermogenic responses to refeeding in 3-day-fasted rats. Am J Physiol 245: E160–E165
- Seligman AM, Nachlas MM (1962) Lipase. In "Methoden der Enzymatischen Analyse" Ed by HU Bermayer, Verlag Chemie GmbH, Weinheim, pp 776–778
- Shintani M, Ogawa Y, Ebihara K, Aizawa-Abe M, Miyanaga F, Takaya K, Hayashi T, Inoue G, Hosoda K, Kojima M, Kangawa K, Nakao K (2001) Ghrelin, an endogenous growth hormone secretagogue, is a novel orexigenic peptide that antagonizes leptin action through the activation of hypothalamic neuropeptide Y/Y1 receptor pathway. Diabetes 50: 227–232
- Siivonen L (1972) The raccoon dog (in Finnish). In "Mammals in Finland 2" Ed by L Siivonen, Otava, Keuruu, pp 140–148
- Sugino T, Hasegawa Y, Kikkawa Y, Yamaura J, Yamagishi M, Kurose Y, Kojima M, Kangawa K, Terashima Y (2002a) A transient ghrelin surge occurs just before feeding in a scheduled meal-fed sheep. Biochem Biophys Res Commun 295: 255–260

- Sugino T, Yamaura J, Yamagishi M, Ogura A, Hayashi R, Kurose Y, Kojima M, Kangawa K, Hasegawa Y, Terashima Y (2002b) A transient surge of ghrelin secretion before feeding is modified by different feeding regimens in sheep. Biochem Biophys Res Commun 298: 785–788
- Sugino T, Yamaura J, Yamagishi M, Kurose Y, Kojima M, Kangawa K, Hasegawa Y, Terashima Y (2003) Involvement of cholinergic neurons in the regulation of the ghrelin secretory response to feeding in sheep. Biochem Biophys Res Commun 304: 308–312
- Tschöp M, Smiley DL, Heiman ML (2000) Ghrelin induces adiposity in rodents. Nature 407: 908–913
- Tschöp M, Devanarayan V, Weyer C, Tataranni PA, Ravussin E, Heiman ML (2001) Circulating ghrelin levels are decreased in human obesity. Diabetes 50: 707–709
- Valtonen MH, Rajakoski EJ, Mäkelä JI (1977) Reproductive features in the female raccoon dog (*Nyctereutes procyonoides*). J Reprod Fertil 51: 517–518
- Viro P, Mikkola H (1981) Food composition of the raccoon dog *Nyctereutes procyonoides* Gray, 1834 in Finland. Z Säugetierk 46: 20–26
- Yamamoto I (1987) Male parental care in the raccoon dog *Nyctereutes procyonoides* during the early rearing period. In "Animal societies: theories and facts" Ed by Y Itô, JL Brown, J Kikkawa, Japan Sci Soc Press, Tokyo, Japan, pp 189–195
- Zhang Y, Proenca R, Maffei M, Barone M, Leopold L, Friedman JM (1994) Positional cloning of the mouse obese gene and its human homologue. Nature 372: 425–432

(Received October 11, 2003 / Accepted January 21, 2004)